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Think They Have It Bad?

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Nursing Shortage?

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# THE CHRONICLE

Des Moines  
Area  
Community  
College

Volume 15 No. 4

March 14, 1990

## A Field 'You Can't Put a Price Tag On'



Rita Stackhouse is a DMACC nursing program alumna

by Andrew Cheers  
Staff Writer

When people think of a nurse, they picture a woman standing at the bedside of a patient. Presently the nursing profession offers a wide array of opportunities not limited to a hospital setting. "A large percentage of nurses won't be working in the hospitals in the future," said Rita Stackhouse, DMACC nursing alumna, 1983.

Stackhouse graduated from DMACC's Associate Degree Nursing program (ADN). She has worked at Des Moines General Hospital for 15 years starting as a unit clerk in 1975. Rita worked part-time at Des Moines General to achieve her ADN degree at DMACC. From 1983 to 1985, she worked in General Hospital's Critical Care Unit honing the skills she learned at DMACC.

For the past five years she has been the nurse manager in charge of staffing, scheduling and managing nursing information systems. Part of her scheduling involves recruiting nurses for the "flexpool." The flexpool offers flexible hours, usually weekends, and it pays well, while offering good experience. All the reason why there are so many student nurses in the flexpool.

There is a major nursing shortage in the United States. Stackhouse explains part of the reason for the shortage. "A woman's future is so open now to

career possibilities that women are turning away from the traditional roles."

"People have to get it out of their heads that a nurse is always at the bedside. The nursing field is so wide, from bedside care, management, counseling, nurse consultancies to industrial nursing (i.e. nurses at Meredith, Firestone, corporate offices). The role is changing all the time."

"My experience at DMACC helped to prepare me for an acute care facility. It's a fine program. Their success rate is very high." Stackhouse suggests that new grads should hire on to an internship at a CCU facility. They may then apply all the skills they've learned and branch out to other areas of nursing.

Stackhouse emphasized that she loves to mentor people, "to be there for them when their first patient dies or the first time a doctor yells at them."

"It takes a special person to be a nurse. Money isn't a factor, it's the stuff you can't put a price tag on. It's the smile you get from someone you're working with who is dying from cancer, or the person whose hand you held until he fell asleep because he was scared of dying. If I won the lottery tomorrow, I'd still be a nurse."

### D-Do You Have T-Test Anxiety? New Program Saves the Grades

by John Stjernberg  
Staff Writer

Have you ever found yourself asking, "I thought I did just fine, but when the grade came back it was a 'D'. I don't know what happened" or "I felt I was ready for the test, but when it started my mind just went blank." If this sounds familiar, then you might be suffering from test anxiety.

DMACC now has a program, to help students with test anxiety

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### Build a Nest Egg, Start Investing Now

by Bill Langebartels  
Staff Writer

Stocks, bonds, high yield funds, tax deferred annuities, IRAs, money markets, mutual funds, (had enough?) certificates of deposit, financial planners, social security, treasury bonds, etc., etc. Whew! What is a person to do with all of this stuff? Should an individual start preparing for their retirement when he or she is only 21-years-old?

Investment companies send their representatives from door to door encouraging people to begin



Ruth DeVries

putting some money aside for their retirement, preferably in a high yield (high risk) program such as a mutual fund. These representatives sometimes paint glossy pictures of a very comfortable retirement nest egg for those who are willing to start in a program early. But is this really such a good idea?

Ruth DeVries, a DMACC accounting instructor, believes that students would be better off making an investment of a different kind in their early adult years. "The best thing to do at that

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# CHRONOSCOPE

Def. A optical instrument for measuring minute time intervals and the Chronicle's premiere of a news briefs section to serve you

by Rick Natale, News Briefs Editor

The Horticulture Department will hold a plant sale on March 14 from 9 a.m. to 2:30 p.m. on the Ankeny Campus and March 15 on the Urban Campus.

The Horticulture Department participated in a state convention held at the Starlight Inn last month. In the PAS Conference several DMACC students won awards. Janet Milligan, Kevin Graven, Mark Weiss, and Gayle Lawson won second place in a decision-making contest. In the horticulture technical knowledge contest, Janet Milligan placed fourth and Gayle Lawson placed fifth.

The Horticulture Club and Horticulture Department participated in the Des Moines Home Show by building a display on the main floor. The exhibit was a working water wheel with a lovely bulb garden in the foreground. Since this exhibit was so popular with the public and producers of the Home Show, they have been requested to build a similar display in the lobby of the Ruan Center on March 17. The display will be maintained until the weekend of April 6.

The Learning Center located in Building 6, Room 20 has recently received some new material on relieving test anxiety. The Learning Center is opened to all DMACC students free of charge. They also provide assistance with any homework that you may have, and provide a computer lab with an assistant on duty to help any student work on them.

Young Entrepreneurs Seminar (YES) will be held March 31. Its purpose is to introduce and demonstrate the process, uses, and factors to be considered in developing and running a small business. The fee for attending is \$12. For more information you may call the Small Business Administration at 282-4026, or the Small Business Development Center at 1-800-373-SBDC.

AL-ANON meetings have been changed to Wednesdays from 12:30 to 1:30 in Building 5, Room 25. Bring lunch.

AA meetings are held on Mondays from 11:15 a.m. until 12:15 p.m. in Building 5, Room 22.

Registration will begin soon. Career Education programs register between April 9 and April 13, as scheduled by the program chair and counselor/advisor. Registration for arts, sciences and general education depends upon credit hours, for 30 or more credits. Registration begins April 16. Students with 16 to 29 credits may register beginning April 17. Students having between nine and 15 credits may start registering on April 18, and students having up to eight credits may begin registering on April 19. The registration times are from 8 a.m. to 7 p.m.

Health Services in Building 5, Room 19 have received books which contain information on AIDS. These books are free and can be picked up there.

The American Lung Association of Iowa is offering golfers the 1990 Golf Privilege Card. This card sells for \$20 and allows the bearer to play one free round of 18 holes of golf at 14 participating golf courses and provides a variety of other discounts. The card is valid from April 15 through October 15. All proceeds go to the American Lung Association of Iowa. Their phone number is (515) 224-0800 or 1-800-362-1643.

A DMACC security officer can now be contacted in an emergency by dialing 6500 from an on campus phone or 964-6500 from an off campus phone. Since this is an interface with two way radios, please speak slowly and pause to allow the officer to reply. When finished with the conversation, please push the pound sign (#) on the phone after you hang up. This is a 24 hour service for emergencies only.

Emergencies requiring the Ankeny ambulance, police or fire departments, dial 9 (if on a campus phone) then 911.

The Parking Rules and Regulations Committee will hold an open hearing on Wednesday, March 14, at 2:30 p.m. in Building 2, Room 25B. Students, faculty, and staff wishing to make comments concerning parking are encouraged to attend.

There will be a health fair held April 11 on the Ankeny Campus. There will be cholesterol screening, physical assessment, and 20 booths with a variety of services and organizations present.

This semester, peer tutoring will be offered for liberal arts students at the Urban Campus in the subject areas of math, English, chemistry, and biology. The program is designed to match students who are having difficulty in a class with a student tutor who has previously taken the course and earned an "A" or "B." The goal of this service is to foster student academic independence and active learning. Potential tutors are to attend three one-hour training sessions. If you are interested in tutoring students or would like help yourself, contact Jill Manning, tutor coordinator, Student Life, 101b, Extension 7203. For help in vocational or career programs contact Carl Perkins, vocational education.


## Finishing DMACC? Consider Simpson College. An impressive next step.

If you have thoughts about continuing your college education, consider Simpson College. Simpson offers a full-range of courses on campus and in West Des Moines. Courses in business, computer science, management, science, math, history, communications, engineering and others.

The list is impressive.

In fact, registration is now open for summer classes. For more information call the Des Moines office at 223-8842.

**COLLEGE NITE**  
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**\* Bring College ID's \***

# DMACC INTERNATIONAL Page

## Editorial

### Nicaraguans Need Peace

by Daniel Abang-Ntuen  
Staff Writer

Recently, history was made in Nicaragua. Nicaraguans will not forget February 25. That was the day Nicaraguans exercised their first-ever democratic rights; they voted to elect a president. Through that electoral process, Nicaraguans elected 60-year-old Violeta Barrios de Chamorro, thus rejecting the dictatorial rule of President Daniel Ortega Saavedra.

The Sandinistas' defeat came as a surprise. Every public opinion poll taken before the elections showed the Sandinistas as possible winners.

The triumph of Violeta de Chamorro at the polls was a victory for Nicaraguans, who have suffered from 11 years of a gruesome civil war -- a war which has claimed the lives of about 40,000 unarmed Nicaraguans.

The massive turnout at the polls, demonstrated that Nicaraguans -- indeed the developing countries -- can design and fashion their destinies when left alone by the great powers. Therefore, the act of displaying military might or threat for economic embargo to defiant Third World countries by the superpowers is tantamount to neo-colonialism.

Interestingly, when a leader of any developing country is an agent of imperialism, no matter how oppressive at home, such a leader becomes the hero or heroine of the Western countries. For instance, the Somoza family of Nicaragua were: the worst despots in Latin America. Yet, the Somozas received the unflinching support of Western leaders -- both politically and

financially. Even though there were reports of human rights abuses in Nicaragua at the time, the Somozas were pampered by Western leaders.

Under the Somozas, the people of Nicaragua were tortured and enslaved. Some died of hunger and misery. At the time, conditions were deplorable in Nicaragua. As the Somozas were getting richer, the Nicaraguan people were living in abject poverty. At a time when the Somozas' children were studying in Western schools, the Nicaraguans' children were forced to cultivate the Somozas' farms. Compounding the problems, the Somozas' tyrannical rule was solidified by Western leaders who saw nothing wrong in the Somozas' iron fist.

Eventually, Daniel Ortega sought and succeeded in rescuing the people of Nicaragua from the invincibility of the Somoza family. However, Ortega's action resulted in the Nicaragua's political and economic ostracism. What are the fundamental differences between Ortega's authoritarianism and the Somozas' brutal leadership? Oh! Ortega is a Communist; it was almost forgotten.

But Ortega's willingness to accept the election results is an important step in the rehabilitation of the Nicaraguan people. Now, it is the responsibility of all Nicaraguans, irrespective of their political affiliations, to sink their deep-seated political differences with a view of reconstructing their country, and resuscitating their ailing economy. They must not allow the hard-won democratic

system to be in jeopardy.

Therefore, the Sandinistas must, for the interest of peace and harmony, begin an earnest negotiation for the peaceful transfer of power to the democratically elected officials of President-elect de Chamorro. Any disappointment from the Sandinistas will aggravate the hardship of Nicaraguans which has reached unacceptable proportion.

Equally, the United States, the chief financier of the Contras, must spearhead the demobilization of those "freedom fighters." The Contras have wrecked havoc on innocent civilians in Nicaragua. They should join hands in rebuilding Nicaragua.

Indeed, democracy should be given a chance in Nicaragua. Clandestine activities or actions detrimental to the Nicaraguan people cannot and should not be tolerated.

Nicaragua has been maimed and subjected to economic strangulation by the "police" of the Western Hemisphere, the United States. Nicaragua must seen as a partner not a servant.

Those countries who ruined Nicaragua's economy must help to rebuild it. It is true that any country who uses its economic power to attain its political objectives is committing crimes against humanity. Such tactics are retrogressive, and should be condemned in all their ramifications.

### Cashman Speaks About Women Of Nigeria

by John Stjernberg  
Staff Writer

DMACC students were invited to attend a seminar featuring Kristin Cashman, an Iowa State doctoral student. Cashman spoke to a large audience about Nigeria's women in agriculture. Cashman is well acquainted with agriculture in Nigeria, having spent two years in Ibadan with the International Institute of Tropical Agriculture as project site coordinator. She is specializing in the agriculture of developing countries, particularly Nigeria. She also works at the Institute of Technology and Social Change at ISU.

Ibadan, a city in southwestern Nigeria, consists mostly of Yoruba farmers. Cashman emphasized that Yoruba women grow up to 80 percent of the food produced. They also play a major role in harvesting, processing, and selling the food at the markets. The women of Ibadan earn their own income. In Ibadan the men usually have more than one wife and basically have control over just about everything that occurs.

Women are only allowed up to five plots of land, where as men are allowed up to 10 plots. The average size of a plot of land is about a third of an acre. The crop most commonly grown is called cassava, which is a high-calorie, low-protein food. Sometimes all the women can feed their children is cassava. This is why some children in Nigeria have bloated stomachs and small chests. A diet of only cassava also causes malnourishment and underdeveloped minds and bodies.

Palm trees are never cut down in Ibadan, no matter where they



are, because of their economic value. Palm oil processing is a major production process in the Ibadan culture. In the processing of palm oil, they begin by picking the palm kernels. The kernels are boiled, mashed, and washed. During the washing stage the oil from the kernels rises to the top and is scooped out and purified so that it can be sold at the market. Cashman mentioned that although the Yoruba women do the same amount of work as the men they are paid less.

Cashman says that the women in Ibadan would never admit to being farmers. "If they are asked, they will tell you they are traders," Cashman said.

## FEATURED SPEAKER

Dr. Michael J.C. Echeruo

Dr. Michael J.C. Echeruo is Visiting Professor at Indiana University in Bloomington. He has taught English and African and American literature at the graduate level since 1974 when he became Professor of English at the University of Ibadan, in Nigeria.

A graduate of University College in Ibadan, Dr. Echeruo earned both his M.A. and his Ph.D at Cornell University in New York. He has received many academic and literary awards, including the Distinguished (Nigeria) Author Award for 1986.

Dr. Echeruo was founding president of Imo State University in Nigeria, served three years as president of the Conference of Rectors, Presidents and Vice Chancellors of Universities of West Africa, and was founding president of the Nigerian Association for African and Comparative Literature.

Dr. Echeruo lives with his wife, Dr. Rose Nkonyere Echeruo, and their five children in Bloomington, Indiana.

See Dr. Echeruo at the following times and places:

**URBAN CAMPUS**  
**Sunday, March 25**  
**2:00 TO 4:00 P.M.**

Public Reception  
3639 Woodland Avenue  
HCST  
Mancy St. Clair, Instructor/English

**MONDAY, March 26**  
**8:00 to 8:55 a.m.**

"The Nigerian Oral Tradition & Contemporary Poetry"  
Introduction to Literature Class  
Room 210

**9:05 to 10:00 a.m.**  
"The Nigerian Tradition & Contemporary Poetry"  
Speech Class  
Room 110  
HCST-Peggy Gaines, Instructor

## Democrats & Neo-Republicans... Are They The Same?

by Brad Meyers  
Chronicle Opinion Writer

It would seem that the leaders in the race for the Democratic nomination are Avensen and Miller. Ho, boy, have we sunk into the depths of insanity. What a race: Terry Terrific against either Don "There's got to be a better way to fleece money from the poor for some needy company" Avensen or Tom "We must control women's bodies because they don't know how to make the RIGHT decision" Miller. The bull is really getting deep. Simon and Garfunkel sang about this subject some time back: "No matter which you choose, you loose."

I have helped to write some of the past Democratic Party platforms so I know what they have said. They talk about freedom of choice, equality, redistribution of the wealth through fair taxation, providing for the weak and powerless, opposing the powerful, and a variety of other traditional Democratic positions.

Who do we get at the top of the ticket now? One is a man who seems to have specialized in stealing from the poor and the middle class in the form of lotteries, scratch games, gambling boats, and it would seem, casinos. Ripping off the poor so that money can be given to the rich, the powerful, business interests, rip-off artists (who did not make it into the legislature), and only slightly meaningful civic improvements. (Golly gee, Iowa Lottery money was spent for the state historical building the same month they gave economic development money to Iowa Beef Processors -- a firm that has paid fines levied by Iowa OSHA against it, for dangerous work sites and worker abuse.)

Each year I watch important equal rights, environmental protection, and economic equality bills die because Avensen does not support them. Hey, Don, how long is it going to be safe to drink Iowa water anywhere in the state? While you're at it, explain why legislative bills for equality in insurance rates between the sexes are bottled up and die.

The other white man (notice I say WHITE MAN since Ms. Zimmerman doesn't seem to have a chance, and of course everyone running is white) is anti-abortion. That is in direct opposition to one of the primary platform planks of the state and national Democratic Party for the last 20 years. The freedom of women to control their own bodies is an integral part of the basic civil rights planks and beliefs of the state and national Democratic Party.

These are DEMOCRATS? A Democrat believes that our constituents are the poor, those without power, the victims, and the dispossessed. A Democrat believes that no one can tell someone what to do with her body. A Democrat believes that government's place is to balance against the power and abuse of the rich (and powerful) in their full-time drive for more money and power without any concern as to whom they harm or how much damage they do to the society and environment. A Democrat believes that the Republicans are the party of the rich and the elite. The Republicans are doing their job very well without our help.

Why is the party of FDR, Gene McCarthy, John, Bobby & Teddy Kennedy, Roxanne Conlin and Harold Hughes acting like a bunch of neo-Republicans? I have always thought the reason Republicans acted like Republicans was because either they were bought and paid for or were actually run by the companies and rich folks they benefit. What has happened to the Iowa Democratic Party?

A long time ago I sat in the McGovern Headquarters' store front in Davenport and watched the returns come in as Richard Nixon kicked our butts all over the place in 1972. Then I worked for Carter and watched a Democratic President who acted like a Republican. I refused to work for the Carter and Mondale tickets because I will not work for Republicans no matter what they call themselves. I would far and away prefer to be stand on my beliefs and lose than prostitute myself in order to win. The state party would rather do anything it can to win regardless of the cost to the poor and powerless of the state.

Democrats: Have we no shame? Have we sold out, and if so who is paying the bills? Is there any way we

can force the Republicans in our midst to show their true colors and switch parties to where they belong? If we are catering and kowtowing to the powerful interests in the state, who is going to do something about the problems created by those interests? The Republicans sure as Hades will not, and we aren't.

"I belong to no organized political party.  
I am a Democrat."

-- Will Rogers



## Gimme Some Skin

by Chris Connelly  
Editorials Editor

The only rights animals have are those we elect to give them. Rights only come about by people voicing their opinion. If animals could think and reason for themselves, this whole mess with the furriers would be for naught. Face it, if I could talk shop with my dog, I wouldn't teach him to beg, I'd have him balance my check book.

Mother Nature created a food chain for a reason: all animals are interdependent upon each other. I find nothing wrong with the use of animals for food or clothing. I eat meat, and my shoes are leather.

At the risk of sounding hypocritical, I don't condone some of the methods used for the destruction of these animals. Those in such a trade have a responsibility to the animals they kill to do it instantly or painlessly. However it is done, it must be done mercifully.

I don't have enough fingers or toes to count all the horror stories I've heard: trappers not checking their traps for weeks; the wrongful bludgeoning of the animal until dead; the occasional pet being snared instead of the intended prey; and the poaching of protected game. The list goes on.

Animal rights activists trying to put a ban on fur want to have a ceremony for those who feel guilty for buying animal products. These radicals are planning a mass burial and scripture reading for fur coats and jackets, gloves, and hats. This would be a total waste - a waste of money spent on raising the animal, a waste of money spent on production of the clothing, and a complete waste of the creatures' lives when the only reason for its death was for these products. To me, this is worse than the initial killing of the animal.

Although I'm against the neglect, abuse and mistreatment of animals, and the destruction of endangered or protected species, I find no fault with those who raise animals for their hides. But national guidelines need to be set up by the government for their humane destruction. Politicians need to take a definite stand and put this whole issue to rest instead of sweeping it under the rug.

These are my views and mine alone. Your comments are welcome.

### CORRECTION

The following poem was printed in the February 28 issue. It was incorrectly attributed to Tim Beaver instead of Kris Porter, who is the author of the stanza below:

I have had some friends in life  
But they have come and gone  
Much was due to circumstance  
So they and I moved on



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Please send comments, concerns, or questions to:  
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# ICE STORM\*1990

## The Day After...Not Heaven

SPECIAL SECTION

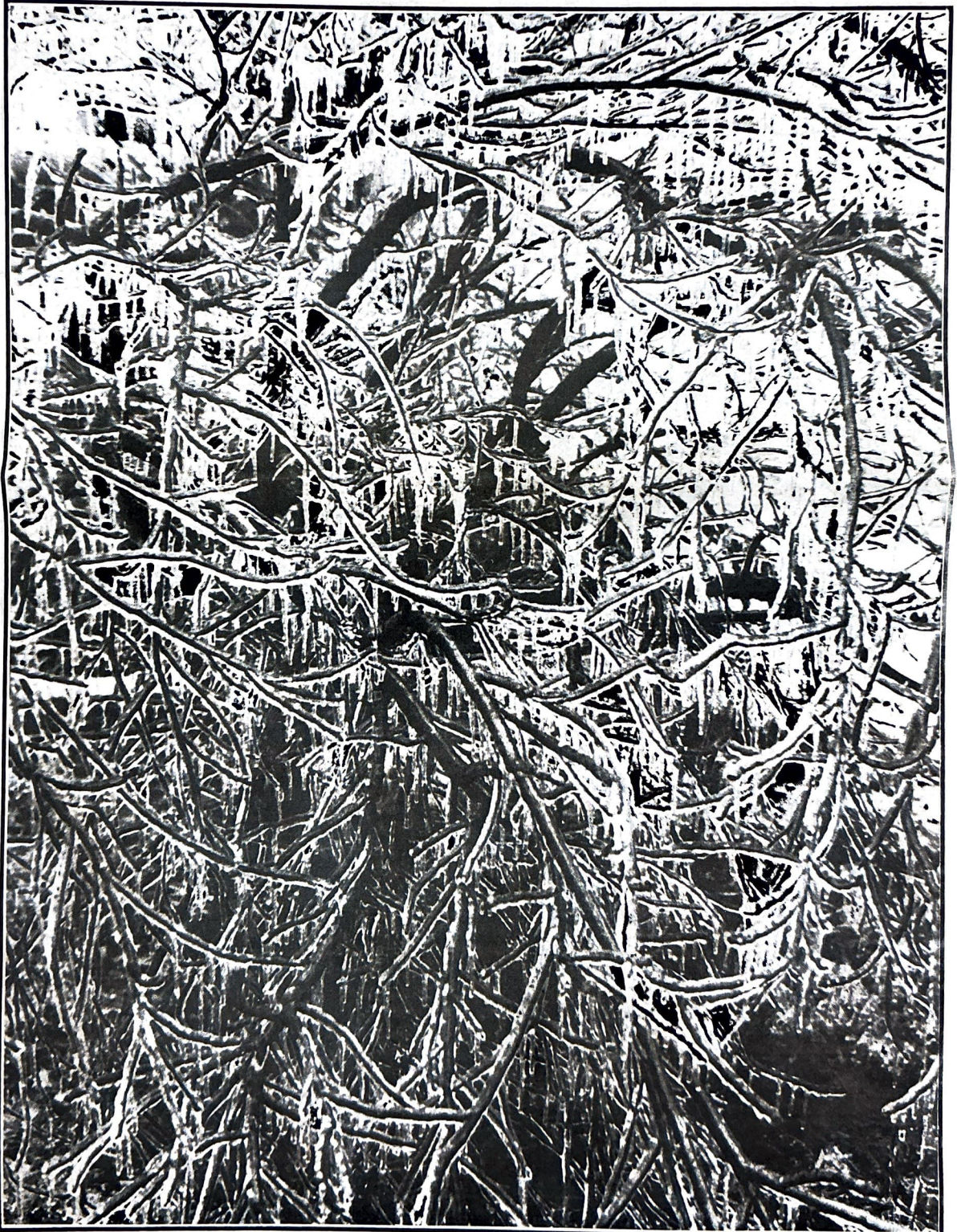


photo by Robb Jackson



photo by Matt Johnson

"Wonderful. The electric power is gone," I shouted.

"Well, that is it," replied Bob Berkenes.

"But I have a test tomorrow," I grumbled.

The ice storm and the subsequent power failure were my worst experiences in the United States; I have enjoyed tropical weather all my life until I came to Iowa.

Consequently, the last power failure meant sleeping in a "deep freeze" as far as I was concerned. "Dress warm, and cover with several blankets," Berkenes advised.

As bedtime approached I became apprehensive. I dressed, concealing every part of my body as though I was going ice fishing. My efforts at warming up were in vain because before dawn I was almost freezing. In fact, it was really and upsetting.

—Daniel Abang-Ntuen

"Although the loss of power was an inconvenience at first, my four-year-old son and I decided to make the best of the situation. We "camped out" in our living room for two days. We got out our sleeping bags and lit candles.

We made hand shadows on the wall and cooked marshmallows on forks over the candle flames. We sat opposite of each other around a collection of candles and told stories. It ended up being quite an enjoyable adventure."

— Jenna Procyk

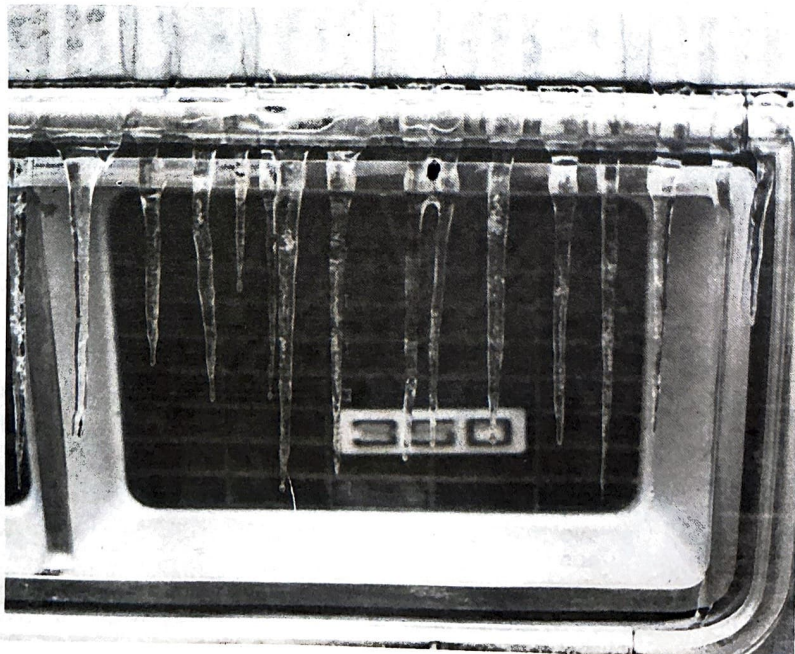


photo by Matt Johnson



photo by Beverly Eben

"I was talking on the phone to a friend and then all of a sudden the TV and radio went off. But I really didn't get upset until the PHONE WENT OUT.

All of a sudden this big tree fell on the phone line and it fell to the ground. It was tragic. And we didn't get the power back on until last Friday night.

It was awful. I couldn't shower at home because the water was too cold and I had to use a flashlight to find my clothes."

—Anna Blobaum  
Retail Management

"We were about the only side of town that had power, but we did have problems at work. The lights kept flickering on and off and people kept running in for flashlights.

There was nothing open so I just went and bought my ice storm survival kit, Bud Light and my favorite Penthouse magazine. I knew it was going to be a very long three days."

—Dan Copeland  
Criminal Justice

"I was watching MTV with my dad and my son Jordan when the power went off. We all yelled 'oh s\_\_!' and we had to run around trying to find candles and flashlights.

"I taught my roommate how to play cribbage"

—Lori Janssen

"I was keeping warm at my girlfriend's house."

—Mike Paine

My dad went to bed and I didn't know how to keep Jordan busy, so we played slap jack and made finger shadows on the wall. Then we had a one hour bath by candle light.

"I invaded a friend's house and played word Yahtzee."

—Mike Ford

"I studied for a test by flashlight and drank a beer."

—Angie Wheebro

The power was only out for about four hours, so I was in bed when it came back on. We have three humungous trees and when we looked out there were tons and tons of branches in our yard."

"I just had to go rent a video because our cable went out."

—Jim Mulvehil

—Jackie Button



photo by Robb Jackson

I'm sure by now that most of you have pretty much recovered from last week's ice storm. By the time you read this, it's probably 60--maybe 70 degrees, right? Sure.

It takes something like this to show us how fortunate we are, or spoiled, depending on how you look at it. Several incidents that occurred during the blackout:

This little tidbit will shed some light on the generation gap, and reveal my age a little more than I care to.

A man's home is his castle, right? Well, not when you have a teenage daughter in the castle, I mean home. Okay--a house. Again, I say daughter, and emphasize teenage and female. When she discovered that a hair dryer and curling iron will not work without electricity, going to work was completely out of the question. I explained that hair does dry naturally, and maybe she could try that. That's how we did it in the "old" days. She gave me a long, cold, blank stare that seemed to suggest that I should make an appointment with the nearest mental health clinic. I felt older than dirt.

The problem was solved by going to a friends house who was lucky enough to have the better things in life, like electricity that won't fail in the worst of storms. Along with her went the hair dryer, curling iron, and suitcase full of who knows what, just to "get ready."

Taking my girlfriend to the store is funny, even when the lights are on. Watching her shop is like watching a return of "I Love Lucy". A real study in human nature, she's living proof that God does have a sense of humor.

Anyway, I took her to the neighborhood "employee-owned" store. When she came out she said "they're so friendly in there, they've got an army of employees with flashlights helping shoppers."

"That's nice," I said. "But do you suppose they could have had another reason?"

Her mouth dropped and she said "like what?"

"Like you couldn't haul away a Butterball turkey in that Samsonite suitcase you call a purse," I smugly replied.

Maybe they should change their slogan from "a helpful smile in every aisle" to "a Watchful eye in every aisle."

Did any of you enjoy the challenge of trying to do your homework in the cold dark?

I tried it; and didn't like it, but you could say I gave it the old college try.

I bundled up in my regular street clothes, topped by an extra sweatshirt, jean jacket, and an Eskimo-type parka. All this topped off with earmuffs, and a Bud-Light baseball cap.

My source of light was a pen-light flashlight taped to a piece of string, and hung from the ceiling with care. After 45

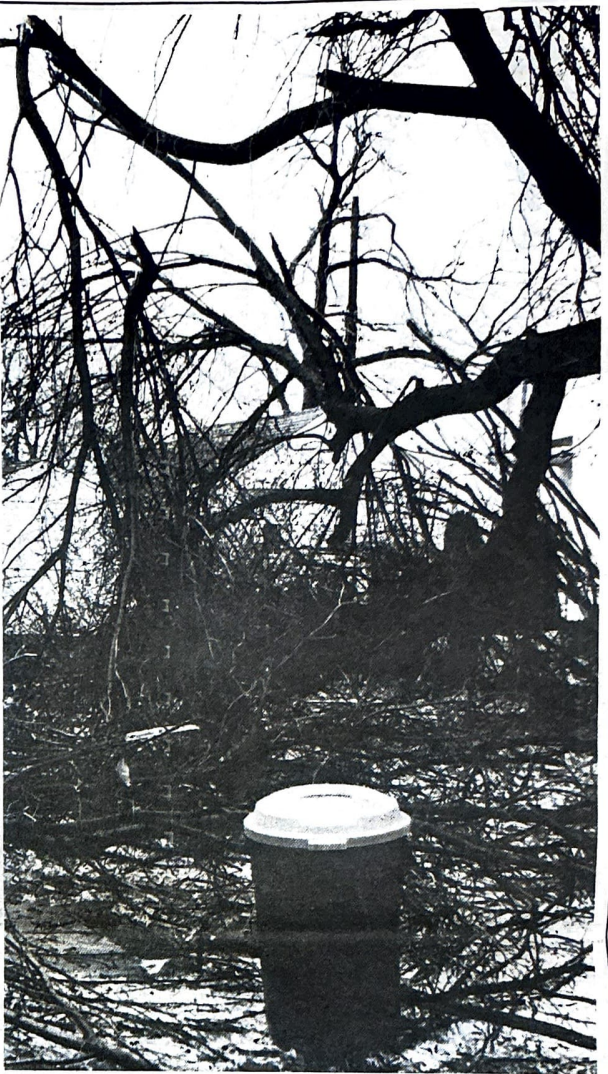


photo by Robb Jackson

minutes, I had to give up. The flashlight kept falling down, and besides, it's pretty hard to write with leather mittens on.

Talk about fair play, and a dose of irony. I don't know how true this one is, but there was a rumor that Iowa Power had to cancel its Employee Awards Banquet because of the power failure. Seems they were without electricity too.

— Dave Bishop

"I went to the mall because it was the only place with power. Then I lit candles throughout the house and cooked hot dogs in the fireplace. I spent most of my time freezing my ass off."

—Katey Clayton

"I sat around playing cards by candle light and slamming suds with my friends."

—Donnie Crook

"I went bar-hopping. I played better pool with the power off."

—Chris Connelly



# Urban Campus: Striving For Smoke Free Atmosphere

# Road Trip Iowa?

B. W. Meyers, staff reporter

by Rick Natale  
Staff Writer

The Urban Campus is comprised of a single triangular-shaped building featuring two floors. In the center of the triangle is a student commons area featuring a small restaurant and tables for studying. This is the only area where cigarette smoking is allowed. The entire building is on a single self-contained air circulation system which circulates the smoke and cooking odors throughout the building. The second floor of the building contains the computer areas which are highly susceptible to smoke damage. This floor is open to this commons and has no contamination problems even when the commons has a large number of people smoking.

Well, spring break is all most here and you know what that means. Students from all over will be flocking to Florida, California, or other places where the skies are sunny and the air is warm. Unfortunately, not everyone has the money, or the time to travel half way across the country.

A lot of people will have to stay in Iowa, maybe even home. Realizing this, an important question must be asked. "If you couldn't leave Iowa over spring break, where would you go, and what would you do there?" The following are a few plans DMACC students have made for the upcoming school break.

*"I would go to Montezuma and try to learn how to ski."* - Suzanne Sledge

*"I would golf for seven days straight, drink a lot of beer, and chase women!"* - Dave Tolliver

*"I would go home and spend some time with my family, work, and lay out."* - Leigh Eckert

Installed in the commons area are a series of machines which clean the air and restrict any contamination of the rest of the building. These devices break down the smoke and other pollutants, emitting filtered air and ozone.

By use of this combination air cleaners and ozone producer in the space over the commons area, smoke and cooking odors are minimized elsewhere in the building. The system works so well that even in the smoking area you must be right next to a burning cigarette in order to smell it.



Photo by Brad Meyers

### Dear Students,

You have plans for your life - goals to reach - a brilliant future...

So did Linda Lancaster, a doctoral candidate at the University of Maine, Orono, Maine. On February 18, 1989, the drunken driver of a pickup truck struck her down as she and a classmate walked along a sidewalk in the campus community. Linda died three hours later.

All her goals and plans for the future were wiped out in one senseless movement of drunken violence - a violence our legislatures have yet to realize as murder - and our courts of law waiver over justice for the victim.

You have plans for your life - but, take a moment as you walk across campus to ponder on your chances of becoming the random victim of a drunken driver. We all carry the same risk,

as did Linda. But with your help we can - and must - keep our streets and sidewalks safe.

Take a stand. Refuse to ride with an intoxicated driver. Volunteer to drive a friend who has partied too much. Write your congressman to initiate deterrent legislation against killer drivers: no time off for good behavior - no suspending half a sentence - no plea bargaining.

Do something positive, if not for yourself or for a friend, then for someone who loves you.  
Keep your future alive!

Sincerely,

Russell And Eleanor NicholSEN  
Parents of Linda Lancaster

### Letters to the Editor

To submit letters to the editor, please address your letter to:

D M A C C  
Chronicle  
Building 3 Room  
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50021

# Letters to the Editor

## GRAND VIEW COLLEGE



Our students appreciate the education they're receiving at Grand View. "Grand View is a hands-on college. The professors work with you and relate their knowledge to real life situations. You get a lot of individual attention, and I think that's important in the development of prospective teachers. The internships give students a taste of life in the local schools."

Tom Wilson  
Elementary Education major and transfer student

Come for a visit, call, or write to learn how you can shape your future at Grand View College, 1200 Grandview Avenue, Des Moines, Iowa 50316-1599, (515) 263-2800.



Dear Editor:

Your Feb.28 issue contained a most interesting article on the shortcomings of Bldg. 5, otherwise known as "smoke city." The author (Mark Sterns) suggested that better use of the space available might include moving the Art & Music Depts. into Bldg. 3. He then asked, "Why are these rooms located in this building?" I would like to offer an answer to that question.

One only has to observe the design of the building and see how well hidden the music department is to realize that the "powers that be" never really wanted anyone to know that we love the arts at DMACC. Moving either or both departments into Bldg. 3 would mean acknowledgement of the arts being even semi-important. I doubt that will happen anytime in the 1990s!

C. Edward Hupton  
Music Instructor

## You Don't Have To Live With Test Anxiety

continued from page 1

developed by Dr. David Ross from College of Lake County in Illinois.

The program includes a workbook and a set of cassette tapes. It can be used with counselor or instructor support or on an independent self-paced learning basis.

Since this program is new many students have not had the chance to try it yet. Stan Schrock, a student from Altoona, said, "I have heard of the test anxiety program but I don't think anybody really knows much about it." "Maybe if I knew more about it, I might check into it."

The program is located in the Learning Center, Bldg. 6-20. If you are in a hurry there is a 13 minute video tape entitled "Ten Steps to Reduce Test Anxiety". And if you're having problems in making speeches, there is also a program for speech anxiety.



## Music Instructor 'Tangos' at the Civic Center

by Dave Bishop  
Staff Writer

C. Edward Hupton, music instructor at the Ankeny Campus, will perform March 17-18 at the Des Moines Civic Center.

The presentation is called "Tango Issue" and will feature local artists and a company of 12 dancers. The program consists of six pieces, starting with the classic Tango and proceeding with the different variations that evolved through the years.

Hupton is hardly a stranger to the stage. He made his debut at Carnegie Hall in 1982, and then again in 1985 and 1989. He also enjoys playing jazz and pop standards and has performed almost nightly for the past two years at Guidos, one of Des Moines' favorite nightspots in the Hotel Savery.

Hupton is a Des Moines native and majored in music at Drake University. After serving in the army, where he played percussion in the army band, it was on to



C. Edward Hupton

Boston. There he received his master's at the prestigious New England Conservatory.

In his third year at DMACC, he feels the music department "should be treated as a more major aspect in the curriculum."

## Marketing Students Put Their Hearts Into DMACC Fund Raiser

by Rick Natale  
Staff Writer

Each year the marketing students involved with the DECA (Distributive Education Clubs of America) program take on a major civic project. This is the second year they chose to raise money for The Heart Connection. The Heart Connection is a group that works with children living with cancer. The organization also provides support services for their families. Founded in March 1988, The Heart Connection provides counseling and fun activities for these children as well as two summer camps at the Boone YMCA.

The Oncology Camp deals with the children who have cancer. The camps give these children a chance to just be kids. This is important because most of these children's lives are spent in and out of hospitals. The Sibling Camp is for the children who have a brother or sister who has cancer. It helps them cope with what is going on and gives them a chance to have fun. Some DMACC students counsel at these camps. "It's the best experience in the world," says Heidi Parr, a marketing student.

The camps cost \$150 per child and it is sometimes hard for the families to raise that kind of money. That is why the DMACC marketing fundraiser is so important.

The students started their project at the beginning of the semester in an attempt to raise money to send as many kids to camp as they could. Their goal was to raise \$5,500 in two weeks. Using the knowledge they acquired in classes, they planned several activities. One event they held was a Bowl-a-thon. Students took pledges per pin or direct donations. Ankeny Lanes donated their establishment to them for two hours of free bowling.

Another thing they did was to have a "car blitz." This required teams of students to canvas the Des Moines and Ankeny businesses to get donations. They also held a 50s dance at Stella's Blue Sky Diner in Capital Square located in downtown Des Moines. The final thing they did was to put large jars on all the teachers' desks in the marketing department. The students then put money in them and the teacher who had the most money in his jar got a pie thrown into his face.

When the project was over, they had raised over \$9,100. "We blew the top off our goal!" exclaimed Karen Heuer, a fashion merchandising instructor.

Over the past four years, the students have done projects with children's organizations and raised just under \$40,000 for them. This year's fund drive brings the total to almost \$50,000.

## DMACC Battles Nursing Shortage

by Andrew Cheers  
Staff Writer

How is Des Moines Area Community College dealing with the nursing shortage in central Iowa? At the present moment DMACC is said to have a waiting list of two years to get into the nursing program. The waiting list is attributed to the nursing program being one of the least expensive in the state. Many people want to get into the nursing program because the field is perceived to be a 100-percent job placement career opportunity. Also, as in any program that is full, some people don't have to wait the two years by taking advantage of openings when enrolled students get dropped for not paying their tuition. So, in essence, the "waiting list" is only for those who don't know the system and how to use it.

This semester DMACC has approximately 297 nursing students at the Ankeny, Boone and Carroll campuses. DMACC offers an opportunity for students to either achieve their LPN or RN degrees. They also receive clinicals (training at various hospitals) throughout their academic program. The LPN program takes two semesters and the RN program requires five semesters. The starting pay for LPN's is \$14,000, while the starting pay for RN's is \$21,000.

DMACC recently hosted a job fair where 56 hospital recruiters from across Iowa came to the Ankeny campus in an effort to

recruit candidates for their facilities.

Recruiters said new nursing students should keep in mind that there are many avenues in their career they can pursue. One recruiter commented, "If they don't like acute care they can go



into managerial or work for an insurance company or go out on their own as an entrepreneur. The students should also keep geriatric care in mind because the near future will be composed mostly of an older society needing more health care."

Jo Adams, a nursing instructor at the Ankeny campus, said she does not foresee a nursing

shortage. "I think that the first time in history that there ever was not a nursing shortage was between 1984 and 1986. Then you couldn't find a nursing job and subsequently the enrollment for the program dropped."

"Nursing is a fantastic career. It has so many options and practices. Nursing is a very rewarding profession by helping and caring for others. You can never teach enough, you learn so much from on the job."

Roxy Smith will be graduating from the nursing program in May. She transferred from the Methodist nursing program last spring. Roxy hopes to enter the medical/surgical area of nursing.

"DMACC has an excellent program and great teachers. They spend a lot of time with us. Chris Wood is an excellent instructor." Roxy is currently employed at Mercy Hospital while attending DMACC.

Darren Dixon is also a second-year student graduating in May. When asked why he entered the nursing program, he said that his mother and uncle are nurses. His goals are to work in a critical care unit facility and earn his BSN while working. Eventually he plans to become a CRNA (Certified Registered Nurse of Anesthesiology).

# Chronicle Classifieds:

## Discipline Yourself Through A Budgeting Plan

continued from page 1

age (21-25) is to be in a learning state," says DeVries. "Forget about investing anything, learn something about it, because the more you learn the better able you will be to assess the rewards of certain investments and the risks involved."

Verlyn Noring, DMACC Business Administration Chair, agrees but believes that students should begin to do some planning at this stage in life. "There's no doubt about it, people should be saving, even at age 20. They should start thinking about their short and long-range financial goals," Noring says. "One of the things that is happening today is that people are not saving like they used to in terms of savings accounts or in some form of liquid assets (readily accessible funds). Today, savings in those terms are the lowest they have been since 1947."

Noring sees the problem arising from the fact that most people simply refuse to take the time to make long-term plans and set goals for their later life. Budgeting is the first step in planning for those long-range goals. "College students should take a look at their budgeting and determine what they need in terms of liquid assets," says Noring. "The rule of thumb is that you should have at least three to six months worth of your paycheck set aside for emergency funds. The whole idea of savings is a discipline, and one of the best ways to discipline yourself is through a budgeting plan."

Noring advises students to stay with insured investments, such as a bank savings accounts or certificates of deposit (CDs). While the return on such plans may not be very high, there is minimal risk involved. Noring advises against investing in high-yield plans when the student has limited funds at his or her disposal. "Usually with any savings plan, the higher the risk the greater the return. At different stages of life people are able to take different risks, and for most college students it is probably wise to avoid the higher risk plans and stick with safer accounts."

But what about after college? What kinds of investments should people age 25 and older be looking into?

DeVries suggests investing in individual companies rather than mutual funds but contends that the individual investor must read up on companies and investments before making any moves. "Look for growth area stocks," says DeVries. "By growth areas, we mean companies that are manufacturing and marketing products that have the potential to appeal to the masses -- out into the future, not just temporarily." DeVries points to cellular phones as a current growth area stock, and believes cellular phones will someday be as common as multiple phones in American homes today.

DeVries also suggests using the resources that are readily available at the college library such as the "Value Line" service. Being well informed seems to be the key to success. "If you take the time to learn about investments, you are going to have more success with them," DeVries says. "Most of us just want to hear a tip here, or a tip there and jump out buying with no understanding of what we're doing."

Obviously, making smart investments means doing a tremendous amount of research. What if you don't have the time or the resolve to do the research necessary to choose the right companies? Financial planners have become part of the American financial institution in recent years. Their business is based on helping investors who haven't the time to do the mountain of research required. They also offer assistance in planning short and long range financial goals. But how trustworthy are financial



planners, and do we really need them?

DeVries thinks that financial planners have a place in our society, but adds a word of caution. "You will want to pick someone who is accredited. Make sure that they provide you with some credentials that will give them some validity."

Noring concurs with this approach. "Today, there are so many people claiming to be financial planners that you need to check their accreditation. Many problems have been created by people claiming to be financial planners when they don't have enough knowledge to do so.

"Basically, the financial

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Thanks for everything dude!  
You're a good friend. HI  
Kellee. How's it Going? @

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from the Chronicle

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planning is a profession which is not yet well organized," Noring continues. "Right now, there are two organizations that are trying to get some codes and regulations set up for financial planning services. They are the Institute of Certified Financial Planners and the International Association of Financial Planners."

Noring says it is also wise to ask the financial planner how much experience they have had in the field. However, he does not believe the potential investor should stop there. "Don't be afraid to ask for references.

They're going to charge you a fee, so you should find out what the opinions of their other clients are. That may be one of the most valuable things you can do."

Both instructors emphasize the need for education before attempting to make any major investments -- especially in the area of budgeting. Noring continues, "Most people say, 'I know how to budget,' but taking a formal, objective look at your life and determining what goals you want to reach at various stages in your life can be very critical."

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# DMACC Drama Department Presents...

## Murder by Membership Only



Can you guess  
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Played by  
Dorothy Jarnagin



Miss Cobbs  
Played by  
Angie Wheeler



Madame Le Coq  
Played by  
Hazel Pratt



Clarice Fergusson  
Played by  
Cella McKinney



Mrs. Balsler  
Played by  
Beth Mulford



Mrs. Pllmpton  
Played by  
Theresa Acri



Eve Hawkins  
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Karen Rose



Lydla Beaton  
Played by  
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One of the characters on this page murdered a prominent mystery writer and member of the Orzy Club. Can you guess which one?

Fill out the ballot below. Detach and bring to the Student Action Board Office (Building 5) by 5 p.m. on Friday, March 30. A drawing will be held from among the correct entries and the winner will receive a \$25 prize. The winner will be announced at the end of Friday evening's performance.

Who is the Murderer? Ballot for Murder by Membership Only Contest

Murderer

Your Name

Address

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Deadline: 5 p.m. March 30. Submit to SAB Office (Building 5)

## MIKE SACCONO

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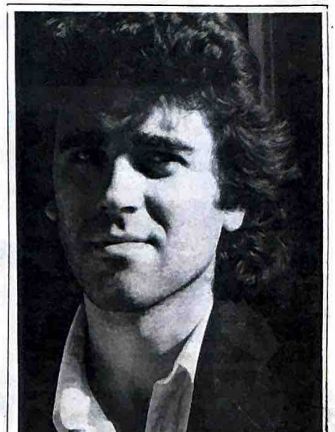
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