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and Lumber Jacks...???!!!

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THE CHRONICLE

Des Moines
Area
Community
College

The Chronicle — Volume 14/No.12

November 10, 1989

DMACC Hosts Chemical Dependency Awareness Day

by Jay Des Dyson
Free-lance Contributor

Addiction -- a disease that has afflicted humanity for time immortal. Over the centuries, addiction has been regarded as a moral problem, a lack of will-power and/or a severe defect in one's character. In spite of the fact that in the 1800s, Dr. Benjamin Rush -- father of American psychiatry -- recognized that alcoholics drank because 'they had to,' little was done to help those who were chemically dependent. It was not until the middle of the twentieth century that alcoholism was recognized as a disease by the American Medical Association. Soon after, those afflicted with chemical dependency were offered professional services to aid in their recovery from addiction.

The revolution in the treatment of chemical dependency began with the Minnesota Model which became the standard for all present-day treatment facilities. The Minnesota Model emphasized the 'disease concept' of addiction and placed great importance on the use of 12-step programs of recovery, such as Alcoholics Anonymous and Narcotics Anonymous. Today, several agencies exist which provide services for those suffering from alcoholism and other drug dependencies.

On Wednesday, November 8, the Human Services students of DMACC -- sponsored by the Student Action Board -- presented the annual Chemical Dependency Awareness Day. Several outstanding individuals in the field of chemical dependency treatment participated in this event: John Tapscott [from the National Council on Alcoholism], Dick Farrell [from Our Primary Purpose], Vonnice Bengfort [Program Developer from Mercy Alcohol & Drug Recovery Program], Marcie Kasner [Family Counselor from Powell III], David James [Lead Counselor at Mercy's Our Primary Purpose], George Marks [CSAC II counselor at Veterans Administration Alcohol & Drug Treatment Program] and Pat Selburg Smith. Also participating in a panel discussion were four members from the various Anonymous Fellowships, Linda K., Della B., Larry F., and Mark B.

The primary focus of this Chemical Dependency Awareness Day was the dispelling of myths surrounding the issue of alcoholism and other drug dependencies. John Tapscott and Dick Farrell were instrumental in this matter in their presentations: Tapscott spoke on addiction being "more than just a moral problem," while Farrell

spoke on how one can never be too young or too old to be susceptible to the disease of addiction. Following their presentations was a panel discussion comprised of Vonnice Bengfort, David James, Marcie Kasner, George Marks, and four members from the various Anonymous Fellowships. Several questions, forwarded by the attending audience were addressed by the panel. Following the panel discussion, Pat Selburg Smith spoke on the issue of recovery from chemical dependency and the role the family plays in the process.

Coupled with the in-depth presentations and the panel discussion was the participation of members from the various Anonymous Fellowships and professional institutions dedicated to recovery from chemical dependency. Booths were set up by these participants in Buildings 2, 5, and 6. Each booth provided extensive information to the attending public on the respective programs of recovery.

The booth presentations by the professional institutions not only provided a wealth of knowledge on chemical dependency, but also addressed other manifestations of the disease of addiction. Eating

disorders, compulsive gambling and co-dependency were also presented as matters of concern.

If you are interested in finding out more about chemical dependency, or are concerned that you, or someone you know, may be chemically dependent, feel free to contact:

Alcoholics Anonymous
282-8550

Narcotics Anonymous
244-2277

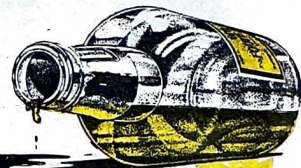
Mercy Alcohol & Drug Recovery Program
-- 247-4441

Our Primary Purpose
[Assessment Ctr.]
247-8677

Powell III
283-6431

The National Council on Alcoholism
-- 244-2297

NCA Alcoholism & Drug Abuse Assessment
-- 243-4200



WARNING SIGNS

of SUICIDE

by Brad Dagger
Staff Writer

Suicide -- none of us like to think about it, but learning to detect early signs of it may save a life.

On Thursday, October 26, DMACC counselor Joyce Brown spoke on the topic of suicide. Suicide is best defined as the

ending of one's own life intentionally and is a very serious problem in the United States today. It is the second-leading cause of death in people between the ages of 15-24. In 1985, there were 30,000 documented suicides. Brown said this figure is probably less than

the actual total because a lot of reported "accidents" were instead suicides.

She talked to the students about some warning signs to watch for in a person such as abrupt change in personality, giving away prized possessions,

**"I can't go on.....
I wish I were dead..."**

continued on page 8

Chronicle Classifieds:

LOOKING FOR: female student to sub-lease \$175/month Campus View Apartment. Call Tricia at 965-9114.

ATTENTION - EARN MONEY READING BOOKS! \$32,000/year income potential. Details 1-602-838-8885 Ext. Bk 18326

ATTENTION - GOVERNMENT SEIZED VEHICLES from \$100. Fords, Mercedes, Corvettes, Chevys. Surplus Buyers Guide. 1-602-838-8885 EXT A 18326

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RESUMES AND TYPING

Write, Edit, Type, Print, Free Details
Exact price quote by phone.
Call for appointment.
10% discount with this ad.
1138 37th Street, Des Moines
227-2219 & 262-7315

Cruise Ship Jobs

Hiring Men - Women. Summer / Year Round. PHOTOGRAPHERS, TOUR GUIDES, RECREATION PERSONNEL. Excellent pay plus FREE travel. Caribbean, Hawaii, Bahamas, South Pacific, Mexico. CALL NOW! call refundable. 1-206-736-0775, Ext 248J

Jobs in Alaska

Hiring Men - Women. Summer / Year Round. CANNERIES, FISHING, LOGGING, TOURISM, CONSTRUCTION up to \$600 weekly, plus FREE room and board. CALL NOW! call refundable 1-206-736-0775, Ext 248H

THINK SPRING - Out-going? Well-Organized? Promote & Escort our FLORIDA SPRING BREAK trip. GOOD PAY AND FUN. Call Campus, Marketing. 1-800-423-5264.

HELP WANTED:

Polk city day care needs infant care given 7:00 am to 12:00 noon Monday-Friday Call 984-6269

Can We Talk?



What are your plans for the Thanksgiving holidays?



"Going to my brother's to help him with Thanksgiving dinner because he can't make oyster dressing."

Patricia Wiecek
Liberal Arts
West Des Moines
Ankeny Campus



"Spend Thanksgiving in Minnesota with my brother and part to rest my brain from all the studying and books."

Bobbye Wagner
Broadcast Communications
Des Moines
Urban Campus



Above Left: "Spend Thanksgiving in Minnesota with my brother and part to rest my brain from all the studying and books."

Bobbye Wagner
Broadcast Communications
Des Moines
Urban Campus



Above Right: "Getting together with the rest of my family for our traditional Thanksgiving dinner and spending time with my girlfriend."

Steven Smith
Liberal Arts
Des Moines
Urban Campus



Above Left: "Spend a quiet Thanksgiving with my parents."

Rowena Barrell
Legal Secretary Program
Des Moines
Urban Campus



Above Right: "Spend it with my family and my wife's family and eat a lot of turkey."

Joe Doyle
Business Administration
Huxley
Ankeny Campus



Kaleidoscope at the Hub

November 15th-20th
Sale

Drawing to be held November 30th.
Need not be present to win.

Show your student I.D. and register to win a \$25.00 gift certificate.

25%

- *Sweaters
- *Knit Tops
- *Denims
- *Casual Pants
- *Knit Pants
- *Jackets...25% - 40% Off

"Annual Pumpkin Pie Feed"

Building 5

Monday, November 20, 11:00 a.m.

Tuesday, November 21, 5:00 p.m.

Turkey Trot is a 5-K Run and Walk

Entries are due by Friday, November 17 in the Rec/Wellness Office

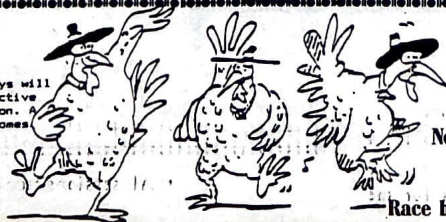
Race begins in the parking lot of Building 5.

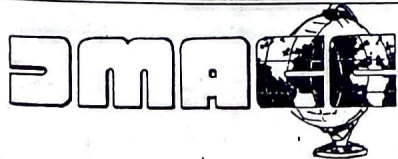
TURKEY TROT

IM-REC Sports will offer a 5-K Run and Walk. Turkeys will be awarded to the 1st and 2nd place in their respective divisions who are running or walking for competition. A turkey will also be given away to the person who comes closest to guessing their 5-K time.

Open to everyone.

Sponsored by Rec/Wellness Center





INTERNATIONAL Page

Man Without A Country

by Sue Woods
International Page Editor

This is the fifth edition of the *Chronicle* to run an International Page. The purpose has been, not only to inform students of events associated with Nigeria week, but also to raise an awareness of the impact global issues have on central Iowa. If, as Dr. Yadudu stated, Americans are only concerned with what happens in their own communities, then perhaps these efforts have been in vain. A student's response may be... "What does this have to do with me?" At least one DMACC student, however, is acutely aware of the effect of worldwide politics.

Daniel Abang-Ntuen, a student on DMACC's Urban Campus, has experienced the persecution of the white South African government and their policy of apartheid. When Daniel was two, his father was killed by South African police for speaking out against apartheid. His mother was killed trying to get food when Daniel was 18. Daniel's body displays numerous scars from the beatings he suffered during the eight years he was held in a South African detention camp.

Through the efforts of a missionary, Daniel obtained his freedom and fled to the Bahamas before settling in Des Moines. Once in the U.S., the South African refugee applied for asylum with the U.S. Immigration & Naturalization Service. Daniel believes that the slaying of his parents and his eight years of torture are proof that if he were to return to South Africa he would face certain persecution and perhaps death.

Daniel's application for asylum was denied by U.S. Immigration & Naturalization Service District Director James Cole because, as reported in a March 23, 1989, *Des Moines Register* story, Cole was quoted as saying, "you have not provided sufficient evidence of conflict with South African authorities beyond that level that is commonly experienced..." After receiving a flood of letters supporting Daniel, Cole replied in a June 3,

1989, *Register* editorial, "It's not a popularity contest." Rather than accepting this defeat, Daniel has decided to appeal this decision.

Unable to work because the immigration service will not grant him work authorization, Daniel is partially supported by members of the Seventh-day Adventist Church of Des Moines. At DMACC, Daniel has earned his high school equivalency diploma, and is continuing his education, perhaps looking at a career in journalism.

A man without a country, Daniel continues his fight for freedom, gaining support along the way. Members of Tom Beck's Community Organization class here at the Ankeny campus have become supporters of Daniel. Dave Verneti, Steve Crawford and Nan Ann Van Zante are organizing a raffle to benefit Daniel in his quest for asylum.

These students have arranged for over \$250 in prizes donated or sold at a reduced cost by K's Merchandise, Wal-Mart, Coast to Coast, Precision Lube, Variety Video and Hair West. Tickets are \$1 each and will be on sale beginning Monday, November 6, through Friday, November 17, in the student center of Building 5. All proceeds will go toward establishing the Daniel Abang-Ntuen Legal Defense Fund.

Editors Note:

There will always be individuals who refuse to realize the influence of international politics and global culture on their lives. This is a result of the luxury of freedom they enjoy. This luxury should not be ignored, for once it is taken for granted, the complacency it breeds can ultimately destroy the freedom which brought it. A show of support for Daniel and his search for freedom could also be a support of the privilege of freedom we, as Americans, cherish.



COMING ATTRACTIONS

JANUARY 24, 1990
Ambassador John Reinhardt, former US Ambassador to Nigeria

APRIL 2-5, 1990
Nigeria Week
All DMACC Campuses

For General Information on DMACC "Nigeria Year"

Call:
Information Desk, Bldg. 1
Betty Hampton
515-964-6380



DES MOINES AREA COMMUNITY COLLEGE PRESENTS:

Guest Speaker

Ezekiel Abanishé D.O.

by Sue Woods
International Page Editor

Nigerian born physician, Dr. Ezekiel Abanishé, will be the guest speaker at DMACC's second monthly seminar series focusing on Nigeria. The seminar, to be held November 14 and 15, will occur on the Urban, Ankeny and Carroll campuses.

During Dr. Abanishé's Ankeny visit, he will be speaking on the "Comparison of Nigerian and American Health Practices." After a tour of the Ankeny campus and a faculty/staff luncheon, there will be an informal gathering of students, faculty and interested community for an open forum in Building 9.

Dr. Abanishé, originally from Olla, Kwara State, Nigeria, first came to the United States in 1968 after making friends with missionaries from Crescent, Iowa. He attended Marshalltown Community College, he graduated from Wartburg College and received his Doctor of Osteopathy degree from The University of Osteopathic Medicine in Des Moines in 1975. Dr. Abanishé has a family practice in Kansas City, Kansas. He also founded a 100 bed missionary hospital in Omaaran, Kwara State, Nigeria in 1980.

The following is a schedule of events for the seminar:

"N I G E R I A Y E A R"

Ankeny Campus
November 14, 1989

<p>10:10 - 11:05 a.m. "Comparison of Nigerian and American Health Practices"</p> <p>11:05 a.m. Host tour of DMACC Campus: Health Related Programs (Nursing, Dental Hygiene, Respiratory Therapy, Medical Laboratory Technician, Child Development)</p>	<p>12:15 p.m. Faculty/Staff Luncheon, Walnut Room, Building 7 Reservation: Please call Sandy Cutler, 964-6291 Cost \$5.50</p> <p>1:25 p.m. Nursing Student Form, Bldg. 9 Dr. Abanishé, Nursing Students, and Faculty</p>
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• All sessions free and open to the public •



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Community College

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Please send comments, concerns, or questions to:

DMACC Chronicle Office
Bldg. 3 Room 15
2006 South Ankeny Blvd.
Ankeny, IA 50021

OUT OF MY HEAD

by Ben Fortune
Chronicle Columnist

Item 1: The new "Item System"...

I, out of my true hope of becoming a professional in the field of journalism, have decided to add the word "Item" before each particular segment of my column. I want to give my piece a certain something. That's right, I've got my own "thing." Not YOUR thing mate, MY thing. Not George Will's thing, not Kaul's, not Paul Harvey's...my thing. **RAMBLE ALERT!!! RAMBLE ALERT!!! RAMBLE ALERT!!!**

Sorry about that, you folks have no idea what can happen to a man whose job is sitting around and thinking up this weird kind of crap. Anyway, I think I'll scrap the whole "Item System" philosophy for the simple fact that it was pointless in the first place.

2: Never Play "RISK" With Your Friends...

For those of you who aren't in the know, RISK is a board game. But for those who have played the game, RISK means all out war. The object of this war is to destroy all of your opponents, with whatever means, and conquer the entire world. Sounds easy, doesn't it? Well, I'll be the first to tell you that creating a world-wide empire at four in the morning is not an easy task in the least.

The paradox of this mass conflict is that it's often your closest friends that you're up against. These may be the best friends you've ever had, your true-blue buddies and confidants. But, corner one of those people in South America with 50 or 60 of your armies around them and they'll start screaming for blood, your blood. Those friends will, with the roll of the dice, become the worst, most despised and hated enemies you've ever had a war with.

A few nights ago, my friend Marshall and I had a one-on-one war in the basement. The board was set up on the pool table, to achieve the "War Room" effect, and the fronts were made ready for the carnage. Before you could say "divide and conquer", the world was embroiled in war. All went well for me and my first offensives were successful. I had taken Europe, my forces in Africa were holding firm, and I was preparing a massive invasion of North America, (the more continents, the better, I always say). But, Marshall had other plans for me and my world. He wanted control as badly as I did, and he had more men than me, which is usually a very bad sign. He slowly and deliberately swept me out of Asia, and readied his forces to take Africa and what was left of my armies in South America. My only chance was to take North America in one shot and hold it, protecting my other continents at the same time. Unfortunately, my attempts at expansion proved to be the end of me. I fought hard and ended with only one country in North America, my armies greatly weakened by battle. Next, Marshall started to tear apart my European monopoly, going for my African stronghold after that. When he finished off North Africa, I'd had enough. I grabbed the board, picked it up, scattered the pieces all over the table, and declared myself the winner. In the end, Marshall and I apologized for all of the nasty, low down, dirty things we'd called each other, and I swore revenge.

by Brad Meyers
Free-lance Editorial Writer

When traveling the byways, highways, and parking areas of our fair campus, it might be advisable to think and look ahead. It might even help to obey the state traffic laws, as well as DMACC rules and regulations.

According to the security report, the injury accident shown above was the result of one person cutting across parking rows while the other was exceeding the posted speed of 10 miles per hour. One individual was taken to a local hospital for treatment of injuries suffered in the accident. This type of accident and injury is the result of blatant disregard of sanity and safety.

3: A quote...

"Imagination is more important than knowledge..."

--Albert Einstein

4: A few thoughts on the Freeway...

Lately, the Des Moines City Council has been kicking around the idea of widening Interstate 235 to ease the so-called traffic flow. I find this plan somewhat ridiculous, seeing as how nobody in Des Moines has the slightest idea of what freeway traffic is in the first place.

First of all, the inside lane is referred to as "the Fast Lane" in every major city in the United States, so if you're going to drive slower than 65 mph, get the hell out of the inside lane. If you don't like being tailgated, move over; it's that simple. This will keep people like me happy, and those of you who choose to drive closer to the prescribed limit will have a better chance of remaining alive and in one piece.

Secondly, something has got to be done to teach Iowa drivers how to use a multi-lane, high speed freeway. Maybe if everybody in the state had to drive a Mercedes 300 turbo in Chicago for a few weeks, they'd get the point. A freeway is not just another street, or a highway with a lane for everybody and their dog; it's just not that way. The name itself implies a free road, not a meaningless traffic jam caused by some idiot who has never looked in the rear-view mirror. You've got to keep on your toes, keep looking behind you to see what's going on, and above all, KEEP MOVING!!! You shouldn't have to use your brakes on a freeway unless you're exiting. So if you have to use the brakes, you know that something's wrong. Some S.O.B. a half-mile ahead of you has no clue of what's happening, and for that you'll be 20 minutes late to wherever it is you're going. You have to remain alert and ready for anything, so no more spacing off on 235, or you're burger, I'll see to that.

And another thing, if I ever get checked by radar on that damned freeway again, I'll go completely psycho. The purpose of the police on any freeway has always been to keep the flow moving, not to jam it up with petty bickering about speed regulations. The police are there to quickly scoop the wreckage off the road when some moron hits the wall, not to sit around for an hour waiting for the occasional speeder. I've never even seen a Chicago cop use a radar on one of their high-speed freeways, and you can always get where you want to go. One time, a friend and I passed a Chicago policeman on the Eisenhower going 80+, and he waved to us. What I'm saying is if the people aren't afraid of getting harassed by the police, they can relax and concentrate on their driving.

And so, if you don't know how to use the freeway properly, spend some time in Los Angeles or Chicago. Or you can always take University Avenue or Euclid, something more to your liking. And if you see a blue Audi in your rear-view mirror, just do us both a favor and get the hell out of the way.

That's all for now, kids. So, keep thinking, and I hope you'll join me next time for some more miscellaneous ramblings from out of my head.



photo credit: Brad Mey-



Editorial Column
by David Champion
Editor of Editorials

Well, folks, we're into that time of the year again. No, I don't mean the holiday season, or the really fun part of the semester when we all have tests and projects due. I mean the end of DAYLIGHT-SAVING TIME!

Daylight-saving time is the period from the 2 a.m. of the first Sunday of April to 2 a.m. the last Sunday of October. It is administered by the Transportation Department in areas that do not specifically exempt themselves.

There are several things that bother me about Daylight Saving Time. First of all, it messes up your internal time orientation. I woke up Sunday and was supposed to be at a friend's house at 1 p.m. Got up, ate breakfast and watched Ringo Starr narrating children's stories on public television, and got a phone call from my friend.

"... So when are you going to get here?" he asked. I looked at the clock on the VCR -- you know, the ones that flash "12:00" annoyingly at you when you hook them up. Well mine was set, but it was still on daylight-saving time. So anyway, we were off by an hour somewhere, and he was expecting me there an hour earlier.

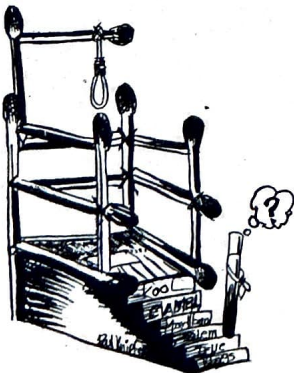
Subsequently, I had time to get out the chainsaw and cut up some firewood. Hmm... maybe this daylight-saving time thing isn't such a bad idea if I keep getting these extra hours to do things. An extra hour to do some homework here, and an extra hour to sleep in on Monday morning. Yes, I could live with that. But unfortunately, that's not what daylight-saving time gives us.

When I drive to school at 7:30 in the morning it's dark out. I go to class, eat lunch on campus, then drive straight, or as straight as possible, to work. When I get out of work at 5 or 6 p.m., it's dark out again. By the time I drive across town and get home, it's very dark. Thanks, or no thanks to the time changes, I don't have any free time during the week when the sun is out. I have to do everything in the dark. Even on the rare warm fall afternoons, I can't really go for a bike ride because it's too dark.

I know this isn't all the fault of daylight-saving time. There is a decreasing amount of daylight in the fall, just as there is an increasing amount of daylight in the spring. But don't you think we could schedule our time so we could capture those valuable dwindling rays?

Please send topics for discussion (any topic), drop a note off at the Chronicle office Building 3 Room 15, or in the drop box in Building 5 or 6, leave a message on the machine or with a staffer at the office 964-6425, or send a letter to:

The Fine Print
c/o the DMACC Chronicle
2006 South Ankeny Blvd.
Ankeny, IA 50021



Mind If I Smoke?

Why do people choose to smoke? Most people view it as a bad habit but some disagree. I think it is a bad habit.

A few minor things that smoking does is turn your teeth yellow, cause bad breath and make you smell like smoke. It causes cancer and heart disease. These dangers don't make me want to start smoking. Is this habit worth all that? People who smoke probably live shorter lives because of their habit. I plan to live my life to the fullest.

I have seen too many people suffer because of their decision to smoke. Why take the chance of having cancer or some other problem when it can be avoided by not smoking?

I realize that it is a hard habit to break. I believe it would be worth the effort to quit.

It's an individual's decision to smoke. I'm not putting down people who smoke because it's their decision.

Why Smoke?

by Dana Blaess
Staff Writer

I don't really care if you smoke and die of lung cancer. That's your problem. But I do care when your smoke enters my personal space.

My main problem with smoking on the Ankeny Campus is "The Hub" in Building 5, Student Center. This area is used for study, a dining area, and presentations of Hypnotists, Comedians, and Musicians put on by the SAB.

I never use "The Hub" area because of the continual smog hanging in the air. If it weren't for the smoke, this would be a nice place to do homework, watch some T.V. between classes, chat with friends, or eat lunch.

I know there a lot of people who do smoke here, but the majority of people do not smoke, and because of increased education and the emphasis on being in shape, smoking isn't cool anymore.

I would like to see smoking banned in "The Hub", and possibly give the smokers a smaller area, due to their smaller percentage of the population. I'm not questioning a persons right to smoke here, but I am standing up for my right to a smoke-free environment.

by David Champion
Editor of Editorials

Being a smoker, I became alarmed when a few weeks ago, rumors were going around campus that non-smokers were pushing the Student Action Board to ban indoor smoking areas.

This would have meant that, rain or shine, students and faculty members alike would have to go outside to smoke a cigarette.

I thought to myself...No smoking! How will I be able to study? How will I be able to think without my coffee and cigarette to start off my morning?

After talking to a few other students in Building 5 -- where I heard the words, "We pay tuition too!" -- I volunteered to pass a petition to all who would sign it. My petition asked for student support to maintain the existing number of smoking areas.

Two days before the SAB meeting, where this issue was to be discussed, I was informed that there was no danger of losing the smoking areas in Buildings 5 and 7.

Because of existing legislation passed on July 6, 1987, which stated that smoking will be permitted in designated smoking areas, DMACC must maintain the current number of smoking rooms, but they may not designate new smoking areas without legislative approval.

So relax smokers, and know that the cigarette you're smoking now will not be your last.

by Dianna Beaman
Staff Writer

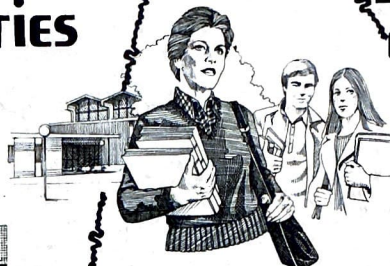
MULTI-CAMPUS PULSE FOR STUDENTS'

SAB

ACTIVITIES

ENTERTAINMENT

LEADERSHIP



Urban --



Urban Campus SAB: (front row) -- Greg Sandvig, President; Bob Tully, Treasurer; James Lewis, Vice President; (middle-row) Valerie Schoenthal, Michael Groesbeck*, Joyce Manley, Aisha Syed, Stacey Patterson, Nathan Breackenridge, (back row) Brenda Strayer, Wayne Manley, James Iosbaker, James Hague, Sandy Schambaugh. (Not pictured: Calvin Brown, Kristen Miller, Julie Chase.) * Michael Groesbeck has left the Urban Campus SAB Board since this photo was made.

Ankeny --



Ankeny Campus SAB: (front row) Kandace Ubben, Carol Mesch, Shella McGuire; (second row) Laura Doering, Coordinator of Student Activities; Beth Barber, Shalon Robinson, Beth Newgaard, Melinda Rhine, Karen Hawbaker, Activities Assistant; (third row) Tonya Wolfe, Lori Simpson, Jan Greeley, Lisa Wright, Jo Ann Barlen, (fourth row) Mary Kinter, Julie Klecher, Jamie Grubb, Brian Frederickson, Mike Rothweid, (back row) Chris Hewitt, Chad Bennett, Michelle Blaine, Todd Snell, Joe Bustad. (This photo was taken during the SAB Leadership Seminar in Carroll, October 1989.)

SAB Minutes Released

Contributed by the Ankeny Student Action Board

The Student Action Board meeting was called to order at 3:30 p.m. by President JoAnn Barten. Twenty-seven members were present, seven members were absent and we had two guests, Virginia Loftus and Lynn Albrecht.

Reports were given by President JoAnn Barten; and Secretary Beth Barber in which a hand count for voting on issues was requested.

Laura Doering, Coordinator of Student Activities, gave the finance report. A handout was received by the members explaining how many accounts in the budget had already been spent out of.

Brian Fredrickson, of the Campus Life Board, reported on the goals and objectives the board hoped to accomplish during the year. Among them were: club constitution approval, student awareness of the SAB, a possible art gallery, funding for the Campus Chronicle, and getting the library and learning center hours extended. The Chronicle issue was referred to the president, chairs of three boards, and the secretary to possibly set up a meeting with head people at the Chronicle.

The Professional Development Committee was heard from next. Chairperson Della Burman started by thanking the committee and all the members for coming to the Get-Acquainted Administrative Coffee and making it a success. She then reminded everyone about the Chemical Dependency Awareness Day.

Michelle Blaine, chair of the programming board, concluded the subsidiary board reports. She informed the members of a tentative dance scheduled December 1, at Adventureland Palace. Also, she solicited for suggestions on where to hold the annual Christmas party. Next on the agenda was Brad Meyers, DMACC student. He came to question the validity of the SAB awarding funds from student activity monies to the Campus Crusade for Christ Club. He felt the club is a religious cult here on campus to recruit people to their particular faith. Brad thought, because their only mission was to prey on insecure people, their club status ought to be revoked. The issue was tabled to the Campus Life Board for discussion.

A proposal by Jo Adams, DMACC nursing instructor, was handed out. Adams offered to conduct for an hourly fee, a weekly session of hypnosis to reduce test anxiety and stress. Todd Snell moved to discuss the matter and Myra Hawbaker seconded. It was decided by a vote of 12 to 10 that the matter be tabled to the Professional Development Board for a decision.

A preliminary presentation was delivered by Kandace Ubben, Joe Bustad, Myra Hawbaker, and Jan Greeley on their attendance at NACA in St. Paul. A further report is anticipated at the November 8 meeting.

Dean of Student Records, Lynn Albrecht offered a few positive comments on the success of Don Reed, the comedian recently on campus. He also started a discussion on how to improve minority involvement here at DMACC. The Board supported the notion. No motion was made.

Laura Doering then announced she had a camera that was left in one of the vans from the Carroll Campus Conference. Since there were no further announcements, JoAnn adjourned the meeting at 4:15.

★ Cartoons

★ Reviews

★ Dateline

★ Artwork

Dagger's Best of the Cuts

by Brad Dagger
Entertainment Page Editor

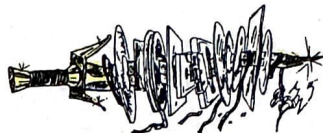
This is the month when a few bands decided to release their greatest hits and some of them are good while others should have been kept in the vaults. Anyway, on with the show. Some greatest hits releases that came out are: Pat Benatar's "Best Shots," Survivor's "Greatest Hits," and Rick Springfield's "Greatest Hits."

Some other new releases this past week have been the new offering from the Grateful Dead called "Built to Last," proving that this band really is built to last and should be touring beginning this month. DJ Jazzy Jeff and the Fresh Prince also released their latest rap selection called "And in this Corner," which should be a good seller and a successful follow-up to their last one "He's the DJ, I'm the Rapper." Speaking of rappers, Ice-T is one of the most popular around and his new album is called "Iceberg--Freedom of Speech." The song "Freedom of Speech--Just Watch What You Say" deals with his assault on the PMRC, which stands for Parent's Music Resource Center. This is the group that is trying to censor music and is responsible for those stickers that you see on tapes and compact discs warning against explicit language.

Bob Dylan comes back with yet another release called "Oh Mercy" and watch for new ones by Eric Clapton with "Journeyman," and the much-awaited new Whitesnake album called "Slip of the Tongue." There is talk of a Cream reunion next year with Clapton and the original members of the band. There is talk of a possible Guns-n-Roses breakup, so keep your ears and eyes open for more information and keep your fingers crossed that it's true. So how many of you stay home on Saturday nights and tune into Headbanger's Ball on MTV? That's what I thought.

There are quite a few hot singles out right now. Some of them that are receiving a lot of airplay are: "When I See You Smile," by Bad English, Roxette's "Listen to Your Heart," "Angel Eyes" by Jeff Healey, "Love Song" by Tesla, and the hit by Great White called "Angel Song."

Finally, who told Patrick Swayze that he could sing? In his last few movies he has sung at least one song on the soundtrack. It all started with "She's Like the Wind" from Dirty Dancing. He also sings on the Roadhouse soundtrack and now on his new movie Next of Kin. Hey Patrick, stick to acting and you'll be fine. That's it for this time, thanks for reading and keep the faith.



Review: A Movie Worth Seeing

by Beth Newgaard
Staff Writer

A *Dry White Season* starring Donald Sutherland, Marlon Brando, Susan Sarandon, and Zakes Moake, deals with the black South Africans' struggle against apartheid.

The movie begins with a young boy who decides to protest in a demonstration to allow black students the same quality of education that the white students in South Africa were receiving. The peaceful demonstration turns into a massacre when government soldiers open fire on the black students.

The boy is taken from the demonstration by the soldiers and put on a truck. He is never seen again. His parents are informed that he was dead. The boy's grieving parents decide to search for what really happened to their son.

Gordon, the boy's father, and a close friend of the family, Stanley, talk to people who witnessed the boy being taken away and to other people who said that they saw the boy before he was murdered. When the government finds out that Gordon and Stanley were interviewing people, they arrested Gordon. He is taken to a cell where he is tortured. Gordon is murdered by Captain Stoltz. To disguise the brutality that had occurred, the reports stated that Gordon committed suicide.

Benjamin Dubois, a white school teacher, decides that he can no longer ignore the cruelty and brutality of the government towards the black people. He helps Stanley record the testimonies of eye witnesses who state that Gordon was tortured then murdered. In the process of trying to educate the white people about the suffering of the black people, he learns that the white people choose not to see it. They pretend that nothing is wrong with the way the black people are being treated.

Dubois is killed by Captain Stoltz, but the documents that tell of the murders of the boy and his parents are printed.

This is a powerful movie, which does an excellent job in dramatizing apartheid. Some of the scenes are graphic, but they are needed to show how inhumane the government is towards the black people. The ending doesn't tie everything up in a pretty package or try to give a solution to the problem, but instead it forces you to think. This is a movie worth seeing.

Future gourmet dinners to be presented by the Culinary Arts class:

November 16, 1989 -- French
December 7, 1989 -- Italian
February 8, 1990 -- Oriental
March 15, 1990 -- Australian

Champagne and hor's d'oeuvres reception from 6 - 7 p.m. in Building 7. Dinner will follow and wine will be provided during the meals. Formal attire acquired. \$30 per dinner. Most meals sold out. Submit your name to Culinary Arts Department for on-call status. If there are cancellations, you would be offered opportunity to dine gourmet. Call 964-6566 for more information.

See photo story inside:
Entertainment Section
Gourmet Dining --Cajun Style

DMACC Daydreaming

by Brad Dagger
Staff Writer

Sitting in Composition 1 trying to stay awake
But really I'm alone in a sailboat on a lake
I'm fighting the Civil War for the North side
While my history teacher is showing yet another slide
I'm regretting taking this biology class
Until I win the game by catching a pass
Psychology 101 should be an easy "A"
But I'm thinking how I'd be king for a day
Chemistry just doesn't do it for me
So I make a plan for winning the lottery
This sociology test is just too hard
Until I'm in Las Vegas holding the winning card
Business Law takes a toll on my brain
So I hop on Flight 365 to beautiful Spain
Speech is okay most of the time
But right now I'm planning the perfect crime
Getting through classes isn't as hard as it seems
As long as I keep my eyes open while I dream.

The Lakeview Inn Offers

Will YOU be Prepared for OUR Preparations?

by Rick Natale
Staff Writer

Thursday, October 19, started out like any other day at DMACC, with the exception of the Culinary Arts Department in Building 7. They had a gourmet dinner for a hundred people to prepare for that evening.

The theme of the dinner was American Regional -- cajun style. The menu included oysters served three different ways, shrimp, two types of sausages, cajun-stuffed filet mignon, crawfish mousse, french bread, roasted new potatoes with rosemary, and fresh strawberry cake, all of which was made from scratch and served in The Lakeview Inn. Robert Anderson, executive chef and director of hospitality careers, said, "The food served here is very different; you can't buy anything like it in Des Moines."

"We eliminate the chance of disaster by taking so much time in preparation," said Chef Lori Dowie. The amount of time spent was about 20 student hours or two days. The first day involved doing little things like cleaning the 35 pounds of shrimp required for the dinner, and doing the majority of the cutting. The second day was spent cooking it all up. The 12 second-year international cuisine students supervised the eight apprentices as they prepared their parts of the meal.

The centerpiece was a four-foot tall ice sculpture of a pelican, the Louisiana state bird. The 400-pound block of ice was tempered so that it could be carved without chipping. Student Chef Clark Williams was able to use his degree in commercial art as he took the electric chain saw to the huge block of ice. Slowly the plain, square block of ice began to take shape and finally reached its final appearance product.

The cost for the gourmet dinner is \$30 per plate. Dinners are open to anyone in the community. Reservations must be made far in advance. Interested people should submit their name and address in care of Hospitality Careers/Lakeview Inn, Building 7, 2006 S. Ankeny Blvd., Ankeny, IA 50021. Each August, a description of the dinner themes is mailed to those names on the mailing list. The dinners usually sell out one week after the mailing, so a prompt response is necessary.



Maggie Reeves proudly displays the french bread which she helped to prepare.



Carefully using a knife, John Morenz devains shrimp.

DMACC's Lakeview Inn - Our Regional Cooking is a Work of Art!



Chef Lori Dowie observes as students Kendall Clark and Bill Peterson prepare the stuffing for the cajun stuffed filet mignon.



Marcia Westgate checks the temperature of the water as Lisa Paney and Maggie Reeves look on.

Spice to Gourmet Dining

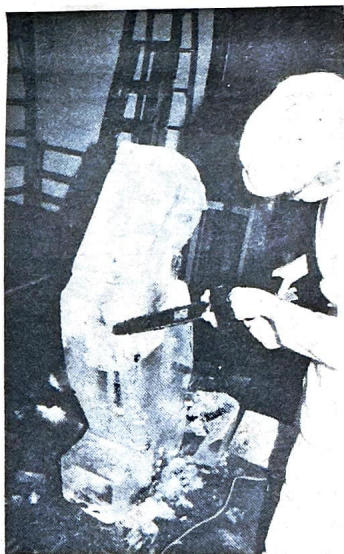
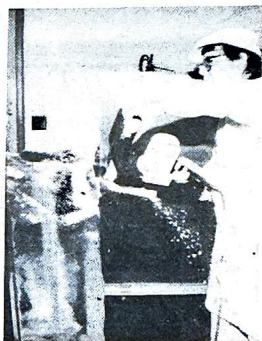


Making a garnish is a very long process as Joe Joseph demonstrates.

"Cooking gourmet dinners gives us a greater appreciation for food, cultures, seasonings, and the many different ways of preparing food."

Joe Joseph
Second-Year International Cuisine Student

Lakeview Inn Chefs Create Masterpieces

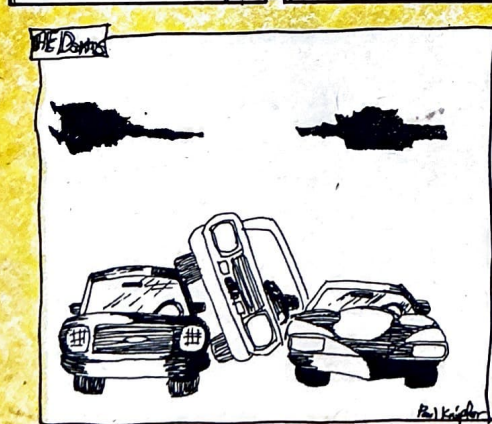
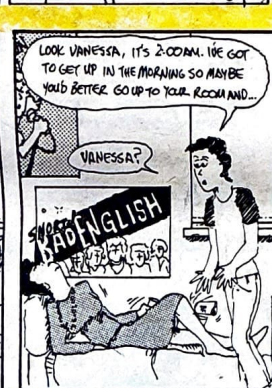
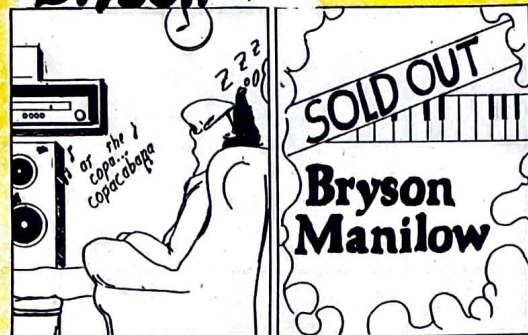


The Making of an Ice Sculpture

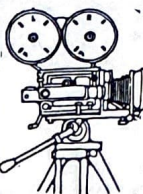
Clark Williams, a second-year international cuisine student, was in charge of making the ice sculpture for the dinner. First the ice had to temper, which means bringing the ice up to a temperature where it will carve without chipping. The next step is to mark the design on the ice. Then the electric chain saw is brought out. The carver must begin to form the huge block of ice into the design. Slowly the ice begins to take shape as Clark puts his art degree from ISU to good use. Finally the ice sculpture is recognizable as a pelican, the Louisiana state bird. Louisiana is in the heart of the cajun cooking region of America.



Bryson By Bruce Burgard



DE Des Moines Area Community College



Tuesday, November 7
"On Golden Pond"
11:15 a.m. and 7:15 p.m.
(Bldg. 6 auditorium)

Tuesday, November 14
"An Officer and a Gentleman"
11:15 a.m. and 7:15 p.m.
(Bldg. 6 auditorium)

by Rick Natale
Staff Writer

Comedy Club Opens

The dark, night sky came alive as the floodlights in front of the Funny Bone Comedy Club roared into life, shooting their powerful beams into the heavens, disturbing the once peaceful sky. As the doors were opened for the first time, people from all over lined up to purchase their tickets. Some people were turned away after they discovered reservations had to be made in advance. The people who had reserved seats were admitted and found their seats, and the waitresses began to make their rounds. Then the lights began to dim and the show started. The emcee opened up the show and introduced the first comedian, Buzz Sutherland. After the first act, the emcee announced the main attraction, Ron White, who has appeared on Showtime and HBO specials. After the final show ended, Mark Johnson, the manager of the comedy club, offered anyone who had too much to drink a free cab ride home.

The Funny Bone Comedy Club opened on October 27. The Des Moines club is the 25th Funny Bone club in the nation. It's located on the corner of 86th and Hickman Road in the Cobblestone Market Mall in Urbandale. The club is open Tuesday through Sunday, with two shows on Friday and Saturday. The doors open at 7 p.m. and the first show begins at 8 p.m. The second show (Friday and Saturday only) begins at 10:15 p.m., with tickets going on sale at 9:15 p.m. Tickets for the shows are \$5 during the week and \$7 for the weekend. Reservations must be made in advance. This can be done by calling 270-2100.

The service is great. The comedians kept the audience laughing and there is not a bad seat in the house. For a great evening try the Funny Bone Comedy Club.

by Brad Dagger
Entertainment Editor

Read My Mind

What's going on in my head? Funny you should ask. These are just some of the things that go through my mind during the day. Would someone tell me why road crews block off five miles of roadway when they're actually only working on ten feet? Why are there so many "First Christian Churches?" Which of these was really built first? Do you think people actually drink Diet Coke just for the taste of it? DMACC needs a football team so the Cyclones and Hawkeyes can play somebody they can beat. Where did all of these beautiful girls on campus this semester come from? Are they bussed in from other colleges around the state or what? Why in the hell do stores start putting up Christmas decorations on November 1? I think they could at least wait until after Thanksgiving. Why aren't there pop machines in other buildings instead of just in Building 5? Does a Snickers bar really satisfy you? In West Des Moines, there are new strip malls going up all the time, but the problem is that they are on the same street or in the same area and they can't even lease out the older ones. Remember when teachers used to say "spell it like it sounds?" Here's a few for them: Des Moines- Duh Moyn, Chronicle- Kronikull, school-skule, medicine-medason, terrible-terabull. Finally, Saturday night we switched our clocks back an hour for Daylight Savings Time. That was the only time a person could ever be in two different places at the same time. At 1 a.m. you could have been in Ames or somewhere else, then when the clocks changed back at 2 a.m. to 1 a.m., you could have been in Des Moines or elsewhere. Think about that one.

Ankeny Campus Sports Action:

Wild, Weird Wellness Winners

Flag Football Features Exciting Playoff Action

The Intramural Flag Football Playoffs kicked off on Monday, October 23, with eight teams qualifying. The Gowdy's Bad to the Bone and the Wona B's earned victories over the Chew U and Long Johnsons on their way to the semi-final round.

In the first semi-final round, the Gowdy's Bad to the Bone ended up playing the well-balanced and well quarter-backed High Boys. The High Boys went on to win that game 22-14. In the semi-final round the Wona B's played the undefeated Brew Brothers and lost 36-0.

In the final game, the High Boys controlled the game with some nifty plays and took the lead with a 14-0 half-time score. The stubborn Brew Brothers came back with plays to tie up the game at 14-14. Midway into the second half, the High Boys took charge of the game and went on to defeat the Brew Brothers 22-14 and earned the right to represent DMACC at the state tournaments on November 18, at Drake Stadium.



All-Night Volleyball...Yawn! ZZZZZ...

The All-Night Volleyball Double Elimination Tournament kicked off on Friday, October 27, with 14 teams battling it out. All participants received a free T-shirt and free pizzas. The tournament started at 6 p.m. on Friday and ended up at 5 a.m. on Saturday. The tough Lumber Jacks reached the finals with hard-fought win over the top favorite team, The Locomotion. The other final team, Room Two-Twenty, cruised through the tournament bracket and had to wait until 4:30 a.m. to play the Lumber Jacks. Going into the final, Room 220 had not lost a match and were favored to win the championship. On the other hand, the Lumber Jacks had lost only one match so they had to beat Room 220 to force another match. The Lumber Jacks won the first game 15-7, but lost the next championship games 15-12 and 15-6. Room 220 triumphed as the ultimate champs.



All-Night Volleyball Champions: (front row) Ann Grandygenett, Tracey Harvey, Chad Fuller; (back row) Jody Harris, Ben Zosa, Mark Wilson.

Co-ed Six-Player Volleyball

The co-ed six-player volleyball consists of 18 teams divided into two leagues -- the National and the American. In the American League, the 49ers lead with a 4-0 record and on their heels are the Independent A with a 3-0 record at press time.

In the National League, last year's champion Kolling's Team is leading the pack with a 4-0 record and behind them is Scott's Team with a 3-0 record at press time. Play-offs will begin on Wednesday, December 6, to determine the ultimate champion.



Co-Recreational Flag Football

The co-recreational flag football ended the season with the Footbalanalans battling it out against Nematoads in the championship game.

The Footbalanalans struck first with a long 25-yard touchdown pass and led 6-0, missing the extra point. Another touchdown and the extra point converted made it 13-0.

It was a see-saw battle for awhile and, as the Footbalanalans were trying to sit on their lead, the Nematoads almost scored a touchdown, but great defensive plays by the Footbalanalans prevented the Nematoads from scoring. In the second half, the Footbalanalans extended the lead by scoring a couple more touchdowns to make it 27-0, though they missed the extra point. The Nematoads tried a late comeback and scored a touchdown, but the clock ran out to give the Footbalanalans the DMACC International Co-Recreational Flag Football Championship by the score of 27-6.



The winning co-recreational flag football team: (front row) Jodi Kloppenburg, Steve Lister, Loralee Cowman, and Chad Melsenbrink, (back row) Bryan Miller, Jonathan Wellendorf, Dan McCarty.

DMACC Recreation Wellness Services Intramural Events 1989-1990

Fall Activities

Event	Entries Due
Turkey Trot	Nov. 17
2-On-2 Basketball Tourney	Nov. 27
Cribbage	Dec. 1



Spring Activities

Event	Entries Due
Ski Trip	Jan. 17
Basketball	Jan. 19
3-Point Contest	Jan. 22
6-Player Volleyball - Coed	Jan. 19
Pool - Doubles	Jan. 24
Indoor Soccer	Jan. 26
Video Tourney	Jan. 26
Table Tennis - Doubles	Jan. 31
Cribbage	Feb. 2
Schick Super Hoop (3-On-3)	Feb. 19
4-Player Volleyball Tourney	Feb. 23
Pool - (Coed)	March 2
Badminton (Doubles)	March 9
Wrestling Tourney	March 16
2-Person Bowling	March 27
Frisbee Golf	April 6
Tennis Tourney/Doubles	April 13
Golf Outing	April 20

Managers Meetings

Ski Trip	Jan. 18
Basketball	Jan. 21
6-Player Volleyball-Coed	Jan. 22
4-Player Volleyball	Jan. 26
Wrestling	March 26

Officials Meetings

Basketball	Jan. 25
6-Player Volleyball	Jan. 23
4-Player Volleyball	Jan. 28
Wrestling	March 27



Suicide: Don't Make the Wrong Decision

continued from the front page

previous suicide attempts, withdrawal from people, significant change in eating habits, depression, hostile or destructive behavior, neglect of personal appearance, and talk of suicide or death.

Some examples of verbal cues are: "I can't go on... I wish I were dead... I'm not the person I should be... The only way out is to die... You won't be seeing me around anymore... Life has no meaning anymore." The most revealing verbal cue is "I'm going to kill myself."

Anyone that recognizes these warning signs in someone should tell somebody else about it so maybe they can help, urge professional help, be supportive. But the most important thing to do is listen. Most people think

that a person who talks about suicide won't commit suicide, but the facts are that for every ten suicides that have occurred, eight of those people had given definite warnings of their intentions. Suicide is definitely not the only alternative. Listed here are some numbers to call if you or someone you know has thoughts of suicide:

- Crisis Line -- 244-1000
- Community Telephone Counseling -- 244-1010
- Broadlawn Crisis Team -- 282-5752
- Substance Abuse Hotline -- 263-5582
- Suicide Help Line -- 1-800-638-4357
- Family Crisis Center -- 288-8939
- Youth Emergency Services -- 243-3303
- DMACC Counseling -- 964-6246, 6630, 6487, or 6441 or stop by Building 5, Room 27. The hours are: Monday-Thursday 7:30 a.m. to 8:30 p.m. Friday -- 7:30 a.m. to 4:30 p.m. Saturday -- 7:30 a.m. to 12:30 p.m.

Somewhere...

by Brad Dagger

Somewhere...
 there are hearts breaking
 there are tears falling
 there are people asking "Why them?"
 there are mixed emotions
 there are questions unanswered
 there are people that are blaming themselves
 there is anger and hurt
 there is pain and suffering
 there is emptiness and helplessness
 there are feelings stronger than ever before

Because somewhere there is a person who decided to take his life in his own hands, and somewhere there is a person who could have helped if he had only known how.

Women's Literature Course Offered Spring 1990

A three-credit course, Women's Literature, will be taught by Ruthanne Harstad, English instructor, during spring 1990. The course will utilize readings of novels, short stories, poems, and plays by women from several countries. Novels for the course include: "As We Are Now" by May Sarton and "Women of Brewster Place" by Gloria Naylor.

CORRECTIONS

Regarding the story in the September 29 issue on financial aid, the 1988 school year brought DMACC 5,763 financial aid applicants not 450.

Regarding the October 27 story on Humanities Film class, the focus on "Great American Film Directors" will be in the spring semester not fall as earlier reported.

Final Exam Schedule: Just What You've Been Waiting For!

Thursday, December 14, 1989 (Tuesday/Thursday classes)

Class Time	Exam Time
6:30--7:55 a.m.	6:30--8:45 a.m.
9:40--11:05 a.m.	9:00--11:15 a.m.
12:50 - 2:15 p.m.	11:30 a.m.-1:45 p.m.
4:00--5:25 p.m.	2:00--4:15 p.m.

Friday, December 15, 1989 (Monday/Wednesday/Friday, or more, classes)

Class Time	Exam Time
6:55--7:50 a.m.	7:00--9:15 a.m.
9:05--10:00 a.m.	9:30--11:45 a.m.
11:15 a.m.--12:10 p.m.	12:00 - 2:15 p.m.
1:25 - 2:20 p.m.	2:30--4:45 p.m.
3:35 - 4:30 p.m.	3:30--5:45 p.m.

Monday, December 18, 1989 (Monday/Wednesday/Friday, or more, classes)

Class Time	Exam Time
8:00--8:55 a.m.	8:00--10:15 a.m.
10:10--11:05 a.m.	10:30 a.m.--12:45 p.m.
12:20--1:15 p.m.	1:00--3:15 p.m.
2:30--3:25 p.m.	3:30--5:45 p.m.
4:40--5:35 p.m.	3:30--5:45 p.m.

Tuesday, December 19, 1989 (Tuesday/Thursday classes)

Class Time	Exam Time
8:05--9:30 a.m.	8:00--10:15 a.m.
11:15 a.m.--12:40 p.m.	10:30 a.m.--12:45 p.m.
2:25--3:50 p.m.	1:00--3:15 p.m.

Evening/Saturday classes will have their finals between December 13 and December 19 at the day and time of the final regular class meeting.

SAB Sponsors Domestic Abuse Seminar

by Debra Willoughby
 Carroll Campus

On October 11, an informational panel discussion on Domestic Abuse was held at Carrollton Inn, sponsored by the Carroll SAB. Six panelists discussed their insights on types of abuse, the laws pertaining to abuse, and what individuals can do about this problem.

County Attorney Barry Bruner shared his insights on the Iowa Code's provision for abuse situations. "I don't usually see cases until they have reached the crisis stage and people feel their life is endangered."

Linda Trudeau of the Sunrise Counseling Agency discussed the pattern of the abuser and the abuser's need to gain control of the victim.

Police Officer Deb Hopper provided information about how she deals with abuse cases from a law enforcement perspective. She discussed the rights the abuser and the victim have.

Alice Baughman from the County Extension Service discussed the fact that domestic abuse has "no class boundaries" and the difficulties involved in identifying offenders.

Throughout the session, the important theme kept emerging: "If you think you are being mistreated, you probably are. You don't have to put up with it." A toll-free crisis hotline number for persons in the Carroll area was provided: 1-800-942-0333.



Bring Food Donations to Gym Office

While some may be fortunate enough to dine on gourmet fare, others go hungry. You can help. Donate canned/ packaged goods to the Food Bank of Iowa. Leave your donations in the gym office, Building 5.

Last year 210 pounds of food were donated on "Food Pantry Day" -- a project of the DMACC Staff Wellness Program for the past three years. Q-102 Radio will make the food pick-up on November 15. They will be broadcasting live the Ankeny Campus for 15-20 minutes as they collect the DMACC donation.

A friend will tell you:

"They were so caring, so gentle."

At Planned Parenthood, we care about you. About your feelings. About your health. That's why we spend so much time with you, helping you find the best answers to your questions about birth control. Come see us. We provide caring, gentle, affordable service.

Most Insurance Plans Recognize Planned Parenthood

Planned Parenthood

Central • 851 19th St. • 280-7000
 South • 500 Army Post Rd. • 285-6500
 West • 8450 Hickman Rd. • 278-8005

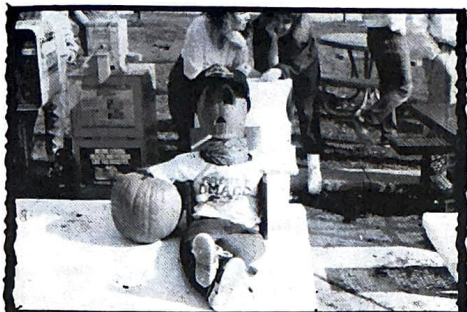


RESUMES AND TYPING

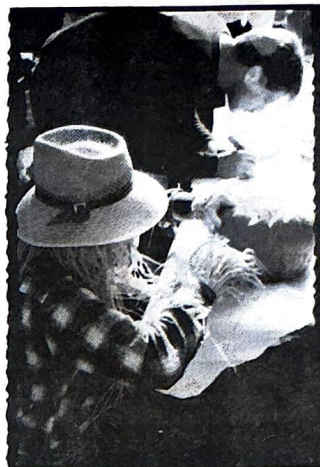
Write, Edit, Type, Print, Free Details
 Exact price quote by phone.
 Call for appointment.
 10% discount with this ad.

1138 37th Street, Des Moines
 227-2219 & 282-7315

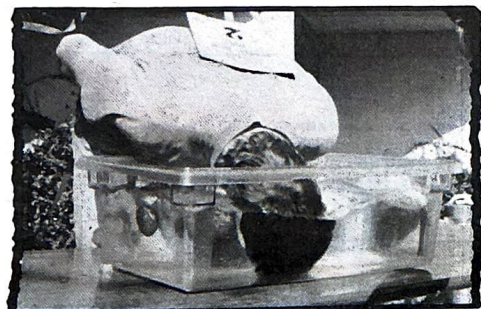
Eat It, Beat It, Bash It, Smash It



Pumpkin Bash



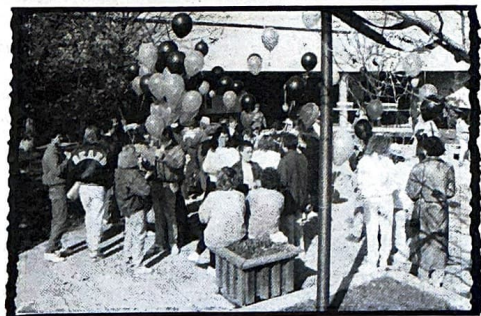
Bobbing,



Dunking,



Cheering,



Energy



WANTED: Writers Carroll Campus

The DMACC Chronicle Carroll Campus is looking for free-lance writers and staff members to write articles for the newspaper. If you enjoy writing stories, poems, or just enjoy writing, share your talents with others. This is your outlet for creativity. The options are endless. Join today!!! Contact English instructor, Paul Resnik for further details.

Fashion Magic



Fashions for men and women

Fashion Show and Box Lunch

Friday, December 1, 1989

11:15a.m. Building 5 in the Gym

Tickets are available from Fashion Merchandising and Student Activities. Tickets are \$2.00 with activity fee and \$4.00 without.

Are You Using the Ankeny Campus Evening/Weekend Services?



by Chris Silver
Staff Writer

"Students are the reason we are here," stated Evening/Weekend Associate Dean Winston Black. He has worked at the Urban Campus as Associate Dean for five years. Black, who is new at the Ankeny Campus this fall, will be sharing duties with Don Kerr. Kerr and Black facilitate access to evening/weekend services for 3,629 students enrolled in evening/weekend classes.

Kerr's job is also one of legislative liaison for DMACC. As legislative liaison for the college, Kerr encourages passage of legislation beneficial to Iowa's community colleges in general, and DMACC in particular. During the time the Iowa Legislature is in session, Kerr is there to keep tabs on legislation affecting the community college system in Iowa. Kerr says the Evening/Weekend college staff has a lot of enthusiasm. He also stated the role of Associate Dean is one centered more on management than academia. Black, as Associate Dean, has major responsibility for the day-to-day operation of the Evening/Weekend college.

The evening classes provide an opportunity for students who can not come to a traditional daytime college setting. Evening students are provided with the same services as the day students. Counselors are on duty, the bookstore is open, as well as the information booth in Building 5 and the media center in Building 6. The deans work with the Student Activities Board to make sure there are student activities at night. For students with stalled cars the evening college has a car-starting service.

The evening deans are constantly considering new scheduling options to meet students' various needs. "Fair-weather" classes, a program that began last year, run for seven weeks a semester during good weather. The classes start in September and end at mid-term. Second semester classes begin in March and end in May.



Winston Black



Don Kerr

The deans are currently considering ways of expanding services for the Evening/Weekend College. This fall the Evening/Weekend College is surveying its students to determine their interest in credit course offerings on Friday evenings, Saturday afternoon/evenings, and Sunday afternoon/evenings, times that credit courses are typically not offered. Some students may be interested in courses at these times. A student could get 9 credits, or more, on weekends only.

The Evening/Weekend College office is open Monday through Thursday, 8 a.m. to 10 p.m. On Fridays the office hours are 8 a.m. to 4:30 p.m. and Saturdays from 7:30 a.m. to 1 p.m.

SAB Boards Meet in Carroll to Plan Leadership Goals

by Debra Willoughby
Carroll SAB Member

The 1989 fall leadership conference of DMACC SAB students came together for the specific goal of pursuing and acquiring leadership qualities. The meeting also served as an opportunity for us to learn how to enhance our roles on our respective campuses.

The conference began at the Carrollton Inn with the campus advisors welcoming all the SAB members. Keynote speaker Peter Wilkin enlightened us with his enlightening talk, "Is Your Life a Treasure Hunt?" and "Ice Breakers" -- a get acquainted activity.

After a pool party and movies, bedtime beckoned because we knew the 8 a.m. breakfast call the following morning would come too soon.

Throughout our Saturday, the SAB members participated in educational workshops by Peter Wilkin which addressed the importance of goal setting. Another valuable seminar, "Community Networking" was presented by panelists from Carroll. The panel encouraged students to tap into community agencies and resources to increase leadership effectiveness.

Dr. Ronald Hager made a presentation on humor. He said humor can be utilized to promote teamwork and manage different types of personalities and problems.

After a heavy schedule, time was set aside for a picnic held at Swan Lake. The SAB members also enjoyed canoeing, paddle boating, nature trails, football catch, and a look at a miniature zoo in the area. After this relaxation, the SAB members grouped together by campus to discuss their learning experiences.

The leadership seminar concluded with a tour of the Carroll Campus for visitors from Ankeny, Urban, and Boone. Officers and committees were formed and ideas were created for the 1989-90 school year.

I would like to congratulate all SAB members and their officers and hope we can work as a team throughout the year.

Wanted: Writers from Urban & Boone

Editor's Note: We also welcome stories from our Urban and Boone campuses. Our schedules do not allow us to visit these campuses to gather news: We need your help. Urban students should submit stories to the reception desk at the Urban Campus for mailing to Editor Mark Schneberger. Please include your name, address, and phone number in case it is necessary for our staff to get in touch with you. We are planning a big holiday edition and look forward to your contributions for this special paper and throughout spring semester 1990. A special thank you to the Boone Campus for sharing with us your fine publication, "The Bear Facts." You may also call your news briefs in to our office. Our staff will take your information. The Chronicle office: 964-6425.

THE CHRONICLE WANTS YOU!

As Students of DMACC you can contribute:

ARTWORK - STORIES - CLASSIFIEDS - LETTERS - OPINIONS

THE DMACC CHRONICLE, your Local Campus Paper.

We want to hear from all of you! We need to have you communicate with us so we can improve our service to you.

Get published, be seen, make some memories, use it on your resume, and portfolios!
The Chronicle staff will value every item!

* Artwork can be sized at 8 1/2 x 11" but needs to look good if reduced to smaller size. Black pen and ink on white is best, but other entries will be considered.

* Stories can be subjects of campus interest and events. Also responses to our contests and regular articles are welcome.

* Original works will be returned when possible, and all entries are subject to editor's final approval.



Building 5 Suggestion Box or Chronicle Office
Building 3 Room 15 or Call at 964-6425



DMACC Choir Enjoys Iowa City Festival; Plans Upcoming Performances for Holidays

by Jim Palmer
Staff Writer

The DMACC Choir (Ankeny Campus) may not be very big in size, but they are big in sound. Music instructor Virginia Bennett, the choir director, has said that she expects some great things in music from the choir this semester.

In October the choir visited Iowa City where they toured Old Capitol Mall, and enjoyed dinner at the Brown Bottle, a restaurant serving Italian-American cuisine. Afterwards they attended the Old Gold Singers Fall Festival at the Clapp Recital Hall. A variety of music was performed including songs from Rodgers & Hammerstein, Whitney Houston, Steve Winwood, and many others. Among the performers was Ed Bennett, Virginia's son, who is a student at Iowa.

After the performance, the choir enjoyed ice cream at the Great Midwestern Ice Cream Company, but, upon returning to the DMACC van, they discovered the battery was dead. The choir sang, joked and practiced choreography for one of their numbers until the tow truck arrived. After a quick repair the choir was on their way back to Des Moines.

The choir will be offering the following performances this season:

Christmas concert by DMACC Concert Choir and Chamber Choir will be held on Wednesday, December 6, 11:30 a.m. in the auditorium of Building 6.

On-campus caroling, December 8, 11:15 to 12:10.

Instructor Bennett would like to announce that the choir class times for spring semester '90 -- listed in the recent blue and orange "Spring Credit DMACC" schedule -- are wrong. The correct times are as follows:

Concert Choir M-W-F, 11:15 to 12:10, Building 5, Room 41.
Chamber Choir W-F 12:20-1:15 (Admission to Chamber Choir by audition.)

Meet Our DMACC Choir



1989 DMACC Concert Choir: (back row) 1. Suzette Johnston 2. Jeannette Lynde 3. Lor Bandstra, 4. Elaine Johnston 5. Nancy Turner, 6. Jeff Peterson 7. Jewel Graeer 8. Stephanie Berry 9. Kelley Wheeler 10. Chris Sweeney 11. Lorna Patterson 12. Sharon Robinson 13. Kristy Morse 14. Karen Harper 15. Kim Morris 16. Beth Newgaard; (front row) 17. Ryan Phelar 18. Jerry Lowe 19. Chad Schroeder 20. Jeri Lee Heydn 21. Collen Thomas 22. Beth Halmline 23. Jim Palmer 24. Cindy Bird; (not pictured) Kim De Coursey, Allison Johnston, Michelle Polder, Valarie Schoenthal, and Jody Talty.



Wanted: Vietnam Veterans (and younger veterans)

To speak about their experiences with recruitment-age high school youth. The goal is to give youth a balanced picture of military life and war. Please contact:

Mark Metz
Vietnam Veterans Speakers Bureau
4211 Grand Avenue
Des Moines, Iowa 50312
(515) 274-4851

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- Nov. 24 - Dec. 23 "Christmas Spectacular-Home for the Holidays"
- Dec. 29 - Feb 4 "Fin Types"



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Civic Center

Schedule:

- November 11 & 12 "Me and My Girl"
- November 18 & 19 "The Des Moines Symphony"
- November 20 - 22 "Phantom of the Opera"
- December 9 & 10 "The Des Moines Symphony"
- December 16 & 17 "The Nutcracker" presented by
The Des Moines Ballet
- December 31 "The Des Moines Symphony"

20% off all shows

30% off Phantom of the Opera Tuesday, November 21, 1989

Excellent seats are available



**Harvi
Griffin**
Harpist
and Singer

Monday, November 13th

11:15 a.m.

"The Hub"

His performance in Vienna this past summer was marked by brilliance and an infectious sense of spontaneity. There is always a quality of joyfulness in his playing. And there is the breadth and discipline which characterize a master instrumentalist.

Elliot W. Galkin, Ph.D.

Sponsored by SAB

Santa Surfin' Safari Dance

Friday, December 1, 1989



Adventureland Palace Theatre Sponsored by SAB

Stay tuned for further details